

**FREE
Guide**

Mud City Weekender

ALL THINGS CALISTOGA

MAY 2016



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 An advertisement for the Twin Pine Casino Millionaires Club. The background is a vibrant blue with a circular pattern. On the left, a colorful graphic says 'SPIN IT 2 WIN IT!'. In the center, large yellow text reads '\$2 ONE MILLION DOLLARS!'. Below this, text states: '5 WINNERS SPIN FOR \$1,000,000 EACH WEEK EVERY SATURDAY IN MAY DRAWINGS FROM 6 - 10 PM'. Further down, it says 'TWIN PINE CASINO MILLIONAIRES CLUB' and 'Play for entry. See Harvest Club for details.' On the right, there is an image of a 'Spin & Win' game with a sign that says 'Spin & Win \$1,000,000 Instantly'. The game features a wheel with various prize amounts like \$24, \$15, \$30, and \$21. Below the wheel, there are boxes with 'PARTY FEVER!' and 'NUMBER'. At the bottom right is the Twin Pine Casino & Hotel logo, which includes a stylized tree and the letters 'TP'.

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Calistoga – The West’s Original Hot Springs Resort Town

Welcome to Mud City

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Local restaurants vary from Southeast Asian, Italian, Thai, sushi, to burgers & fries



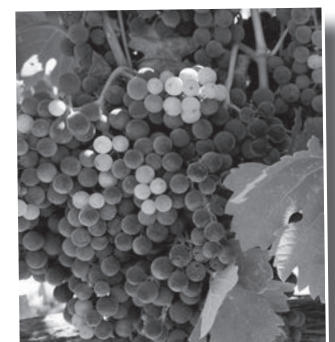
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Welcome to the Mud City Weekender, your best guide to all things Calistoga



Sam Brannan
Founder
of Calistoga

You have come to the right spot, to this town of Calistoga, if you are looking for a place to slow down, relax, put up your feet and enjoy life.

In the *Mud City Weekender* we offer you some insights into Calistoga and hope you get to know us a little bit better, through our restaurants, shops, wineries and spas. After all, isn't that what drew you here in the first place?

But remember, we're not just another stop in the wine country. We're our own unique little version of heaven, filled with local characters and quirky personalities – all of them calling out a big Calistoga welcome!

Visit our spas, wineries, restaurants and shops. Take time for the Sharpsteen Museum. Go on a hot air balloon ride and see us from the clouds. Find out why Calistoga is

a special place in our hearts as well as yours.

We started the *Mud City Weekender* almost 13 years ago to help visitors discover Calistoga during their stay here. Tired of all the slick, glossy magazines that tout Napa Valley but seem to stop short of coming this far north, we wanted to bring our town to the center of your attention by writing just about our wineries, our events, our history.

That's why not only will you find stories about wine and mud and food, but you'll find tidbits about our community and its history, too.

Small businesses keep the heart of Calistoga beating, and without them this would just be another bedroom community without that spark of life our business community brings. Thanks for coming, and come back and visit anytime. We'll be here to welcome you home.

—Pat Hampton, Publisher



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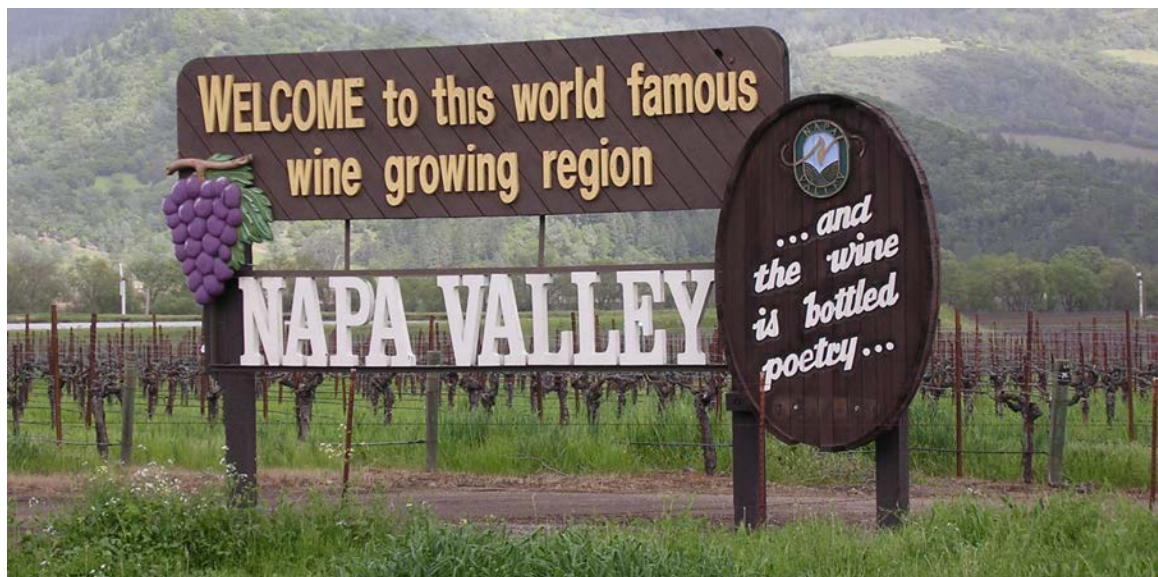
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Cab is still King

■ *2015 Crop Report says cabernet still most planted vines in valley*

By Pat Hampton

MUD CITY WEEKENDER

Cab is still King in the Napa Valley with 19,810 bearing acres producing grapes which sold for \$6,289 per ton, according to the 2015 Crop Report released by Napa County Agricultural Commissioner/Sealer Greg Clark.

Clark wrote in the report that the gross value of winegrape production was \$546,933,900 and overall wine grape values decreased nearly 24 percent compared to the record setting 2014 values. Total tonnage dropped nearly 29 percent compared to the record yields of previous years. Cabernet Franc was close behind cabernet sauvignon, with per ton average sales at \$6,065 from 1,116 bearing acres and well above the three-year average of \$5,677 a ton. Merlot, with 4,834 bearing acres, averaged \$3,135 a ton, up from the \$2,977 average in 2015.

White wine grapes prices were again slightly higher than 2015, with the dominant Chardonnay varietal planted on 6,398 bearing acres producing 21,145 tons and sold for \$2,592 per ton. Growers picked 10,938 tons of sauvignon blanc and sold the white grapes for \$2,012 per ton, up slightly from 2014's price of \$1,910 per ton.

Dry conditions in January and March coupled with warm temperatures in winter and early spring led to early bud break in grapevines, said Dr. Monica Cooper, viticulture farm advisor with the University of California Cooperative Extension (UCCE).

"Cool weather during bloom affected pollination, as well as shoot growth during that period," Dr. Cooper reported.

Since the European Grapevine Moth (EGVM) was first discovered in Napa County in 2009, great progress has been made in



Cab is still King in the Napa Valley with 19,810 bearing acres producing grapes which sold for \$6,289 per ton

the attempt to eradicate it from Napa County. In 2015, for the second year in a row, no moths were detected in Napa County in any of the 11,600 traps deployed. For 2015, the EGVM quarantine area remained the same as the previous year when the overall area was reduced in August 2014.

With continued cooperation, the goal of eradicating EGVM from Napa County will soon be a reality," Cooper said.

While the valley is well known for its winegrape production, the county is also home to floral and nursery crops, vegetables, field crops, livestock, poultry and other

animal products. Gross production values of \$724,276 in 2014 dropped to \$553,346,300 in 2015.

Following a number of years of herd reductions, 2015 live-stock values showed little change from 2014. Cattle and calves values inched up to \$1,247,600, slightly ahead of the 2014 value of \$1,215,000. Poultry and other animal products passed the 2014 values of \$504,700 and in 2015 reached \$531,100. Sheep and lambs were valued at \$594,900 in 2014 but hiked up to \$625,000 in 2015 according to the report.

Field crops were up from the 2014 prices lead by hay produc-

tion which jumped from 650 producing acreage to 1,032 in 2015. Hay value jumped from \$163,880 in 2014 to \$198,100 in 2015.

Vegetable crops were hit hard by the drought, with a valuation of \$504,900 in 2014 which plummeted to \$367,700 in 2015.

Floral and nursery crops Cut flower, Christmas tree and vegetable plant starts all saw increases in 2015 with a value of \$2,517,100, up from \$1,907,900 in 2014. Production areas measured in square feet shows that the 2014 production area was 553,200 square feet in 2014 and 821,100 in 2015.



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Duffy's Myrtledale adds intensive outpatient treatment for addicts

Back in 1967, Gene Duffy, a passionate recovering alcoholic, started Duffy's Napa Valley to provide addiction treatment in the North Bay region of California.

Nearly 50 years later, Duffy's is a 61 bed facility with a genuinely caring staff of 60, who are still inspired and guided by Gene's passion and lifelong service commitment: helping people who suffer from addictions to alcohol and drugs find hope and a life of lasting recovery.

Duffy's has helped over 30,000 individuals onto a path of recovery, and now looks to expand their services by offering intensive outpatient treatment (IOP) in a facility right down the road from their residential treatment center in the town of Calistoga.

Often, help is needed to overcome the progression of the disease of addiction. The value of an intervention such as IOP early on, is that it not only saves marriages, families, and jobs, but also will



Gene Duffy Sr

people do not seek help for their addiction because they might not be able to take 30 or 60 days off from these responsibilities and pursuits to attend an inpatient rehabilitation program. Employers often find themselves in a bind as well when they come to believe they can no longer support a person who is making far too many mistakes, and whose judgment and decision-making ability can no longer be trusted as a result of their use of and dependence on substances.

People in this boat might benefit from an Intensive Outpatient Program.

Outpatient treatment is a form of clinical treatment that allows people to receive professional help from addiction specialists while maintaining their family and career responsibilities. While experts generally agree that inpatient treatment is more effective than outpatient, if a person's schedule prevents them from attending an inpatient program,

keep many out of the criminal justice system. From substance use to dependence and abuse, the severity of addiction covers a broad spectrum. The struggle for some becomes a battle for one's life.

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outpatient is the next best option, and of much greater value than dealing with addiction problems alone, without the aid of trained and compassionate professionals.

One local referred to “Napa Valley’s dirty little secret” when exploring this topic of conversation. Even in a serene environment like Napa, Sonoma, Lake, and surrounding counties, addiction has taken hold and is wreaking havoc on individuals and their families. If a person is genetically or psychologically predisposed to substance dependency, he or she may end up on a path that all too often leads to unmanageable, progressively destructive behavior. This certainly impacts his or her relationships and job performance. In fact, spouses and employers often become involved in the process of helping to find a solution to this perplexing problem.

On another front, work-related and other injuries often lead to pain mitigation by medication, which has been the catalyst for recent trends in opiate and opioid abuse, now reported as having reached epidemic proportions. Employers are witnessing a growing number of their employees who, having been treated for a serious injury, have become seriously dependent on highly addictive pain drugs long after a reasonable period of healing, and who avoid stopping their use due to the fear of experiencing serious withdrawal symptoms or a return of pain. Many turn to using heroin, a clearly unregulated and dangerous drug, because lately it is obtainable on the street at a cost lower than prescription pain medication.

Lastly, we are in a region known for marijuana growing operations, either “legit” if licensed to produce the drug for medicinal purposes or illegal operations that keep a ready supply flowing to those who believe it is a harmless recreational drug, or those who believe they need this drug to reduce anxiety or to help with sleep. Easier access to this drug has led to greater dependence and abuse, and many people have trouble limiting or stopping their use.

There is a serious stigma attached to addiction, as if it is a moral failing, but it is classified by the American Society of Ad-



diction Medicine as a “primary, chronic disease of brain reward, motivation, memory and related circuitry.” The healing process requires a holistic approach of bio-psycho-social education, awareness, and practice.

In relation to one’s work life, sending an employee to residential treatment for 30 or more days is too costly in time and money. How does the employer best support his or her struggling employee with minimal interruption to their business operations? Terminating a person’s employment due to an increasingly poor job performance may appear to be the only option in order to keep the business running smoothly, but that is the extreme. Duffy’s Intensive Outpatient Treatment offers the employee an opportunity to learn about their disease, and receive the support necessary to maintain their day-to-day responsibilities. IOP offers the employer the peace of mind that he or she will be able to retain a valued employee, while helping to reduce the stigma attached to a horrific disorder.

The advantages for the client attending an IOP range from receiving professional help at an affordable price, to maintaining responsibilities during the treatment process, to connecting with a dynamic community of recover-

ing addicts. The following is a list of some of the most compelling reasons to attend an IOP:

Attending Duffy’s IOP will minimize the disruptions to the client’s daily routine, and allow him or her to maintain a job, and family life; all while getting professional help a few times a week.

Although outpatient programs don’t provide housing, meals, and other amenities found at most inpatient facilities, they are more affordable than inpatient treatment. And most of the time, insurance companies will help pay for a majority, if not all, of the treatment costs.

It does vary from IOP to IOP, but you can count on your bill being much smaller in comparison to an inpatient facility. Typically, insurance coverage requires the client to pay an affordable deductible, allowing him or her to attend Duffy’s IOP program at a low cost.

Attending an AA group is a good place to start, but the group meetings that are part of Duffy’s intensive outpatient program will have a higher level of focus and direction. The support of your outpatient recovery community can play a huge role in your recovery process.

In Duffy’s IOP program, clients receive professional help

Back in 1967, Gene Duffy, a passionate recovering alcoholic, started Duffy’s Napa Valley to provide addiction treatment in the North Bay region of California.

Nearly 50 years later, Duffy’s is a 61 bed facility with a commitment helping people who suffer from addictions to alcohol and drugs find hope and a life of lasting recovery.

cated in Calistoga, California, is designed to help people with insurance constraints, or work and family obligations that are preventing them from completing a residential stay. The goal is to help each client take the first step in their recovery process.

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“This is powerful work. Designed not only to create and enhance sobriety but to facilitate change and propel guests to the next stage in their life—and that’s what we’re really excited about,” says Program Director Herb Kesner, PhD.

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Tourism: *at what cost to the valley?*

By Yvonne Henry

MUD CITY WEEKENDER

The taste of tourism may be bittersweet according to the grass roots organization Napa Vision 2050. The organization is holding forums up and down the valley to educate the public as to the social, fiscal, and environmental aspects of tourism.

The organization proposes that Napa County has moved from a resident-based agricultural economy to a corporate and tourism-based economy and explores what that could mean for the environment and quality of life for the residents.

The lead forum was held in Napa on April 1 followed by a local presentation in Calistoga on April 6. According to Dan Mufson, President of NV 2050, "Education is critical to understanding the changes that occur with tourism growth and how to manage that growth."

The April 1 meeting presented data from national experts on tourism. Speakers addressed social, fiscal, and environmental aspects of tourism around the world... what are the pluses what are the minuses and how to maintain a balance.

Potential pluses included TOT income to the city, increased trade at businesses, and increased diversity in restaurants and shopping for the locals. Potential minuses included: loss of finite resources (e.g. water and open spaces), low wage jobs, introduction of chain businesses, inflated real estate prices with a corresponding drop in school enrollment, hidden debt to taxpayers, increased demands on infrastructure and increased traffic.

Dr. Susan L. Handy professor of Environmental Science and Policy at the UC Davis, spoke to the traffic concerns providing research data that shows widening roads does not actually reduce congestion. "Reducing the number of cars does reduce congestion...each community must be creative in achieving this



goal...bicycles, feet, busing workers, and light rail are options."

The complex task of identifying true net costs of a resort development to local taxpayers was addressed by community planning consultant Eben Fodor of Oregon. Fodor took pains to explain the mathematical intricacies of determining net cost to local taxpayers when a new development is considered. The methodology a developer uses to project economic costs and benefits to a community may not be the same methodology used by an independent planning consultant who is more likely to include long-term costs to the taxpayer.

Beyond the social and environmental costs Fodor explained, "...capital expenditures tend to be the big ticket items on the cost side for local governments. Not every planning commis-

sion has been provided with the training to determine true net costs in order to avoid acquiring hidden debit to the taxpayers."

Dr. Samuel Mendlinger of Boston University, compared communities with successful and unsuccessful tourism. "Successful tourism provides high end amenities and/or something unique, with an effort to educate and give back to the local community. Without communication between the residents and government, polarization can grow, creating anxiety in the residents."

Mayor Chris Canning responded. "Some communities may have anxiety about tourism growth but not Calistoga because we provided two referendums on our growth projects."

Dr. Mendlinger continued, "Without balance, tourism can become a negative to a com-

munity. Balance is achieved by having informed citizens and city officials asking and accurately determining the cost to the residents. Good governance is asking. When do the minuses outweigh the pluses?"

The Calistoga meeting on April 6 focused on land use issues with potential negative impact to air and water quality. For the June ballot, Jim Wilson authored the, "Water, Forest, and Oak Woodland Protection" initiative, which is intended to protect streams from development and pollutants." Wilson further described the initiative as creating water buffer zones along streams and wetlands within the AW (agricultural watershed) zoning district prohibiting timber removal within the buffer zones and creating setbacks between 35-125 feet from the top of the bank.

NV 2050 board member Kathy Felch spoke to concerns regarding growth and the relationship to carcinogens. Different cancer registries provide varying statistics on cancer incidence. The National Cancer Institute's State Cancer

profiles thru 2012 show Napa County as being one of the top four counties in California with the highest incidence of cancer. The Lucile Packard Foundation Children's Health database shows Napa County with the highest incidence of childhood cancers. Felch implored, "We need to raise awareness, find out the causes and we are encouraging the board of supervisors to do so."

Vision 2050 started in 2014 as a loose coalition of neighbors who were concerned about protection of finite resources in Napa County. Calistoga Citizens for a Green Community is an affiliate. The group has gained attention since becoming a 501-(c) (4), by focusing public awareness on cancer rates in the county, and by organizing public discussions.

When asked what the organization hoped to achieve by holding the meeting in Calistoga, NV 2050 board member George Caloyannidis offered, "With an informed public changes will occur enabling protection of our finite resources and our citizens."



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June: Growers are busy with leaf and shoot removal, which gives the grapes adequate exposure to sunlight. Wineries are bottling Chardonnay and Sauvignon Blanc.

July: Vines are full of tight green, pea-sized berries. Veraison - green grapes soften and turn yellow or red. Red wines are blended back into tanks and bottled to make room for the next harvest.

August: Some fruit clusters are removed to provide optimum flavor development. Chardonnay and Pinot Noir harvest begins for sparkling wines. All equipment is serviced and readied for harvest.

September: Harvest of white grapes begins, soon followed by reds. Grapes are picked in the cool morning hours. Many wineries return the stems, seeds and skins to the vineyards to use as a compost.

October: Harvest slows by the end of the month. Red grape fermentation start with cold soaks in stainless steel tanks. Pump-overs or cap punching take place until fermentation is complete, then the juice is pressed off and sent to barrels.

November: Stirring of barrel fermentation. Chardonnay continues to keep fermentation going until complete.

December: Vines enter their dormancy period. Pre-pruning begins. First red wines are tasted and evaluated.

January: Vines are dormant. Crews are pruning and setting trellis systems. Red wines are racked and/or moved from tank to barrel.

February: Pruning and vine



preparations are complete. Sprinkler systems and wind machines are ready for frosty spring mornings.

March: Growing season is officially underway with bud break - a stage when vine buds crack open and small shoots emerge. This is the beginning of the new crop.

April: Vines show thick clusters of new leaves. Crews remove tiny shoots so only vital vegetation is left. White wines are released. Blending for red varieties begins. Frost is a threat.

Calistoga woman throws

By Kathy Bazzoli

MUD CITY WEEKENDER

This is the story of Susan Reid Boyce and her handstitched quilt made nearly 150 years ago, on permanent display at the Sharpsteen Museum.

History connects us to the past as Susan's story will show you, from Kentucky to Calistoga, from the making of her quilt to its donation to the museum. During our research, we arrived at a variety of interesting commonalities between Susan, her personal history, her quilt, and Sam Brannan's Calistoga.

Susan A. Reid was born in 1815, Mason County, Kentucky to a well-to-do farmer and his wife. By 1836, Susan and her family were living in Illinois on the Sangamon River where she would experience her first serious courtship. Susan's father, Lewis, had befriended a young man with whom he felt a political kinship, according to Susan, "they often talked politics by the hour." This young man was Abraham Lincoln.

In the late Spring of that year, Susan and her family had been invited to a neighbor's home, a

Mr. Able, for a day's social. There were many young people in attendance that afternoon, including Mr. Lincoln. It became evident after a time that Mr. Lincoln's attention was focused more on Susan than anyone else. Thus began their courtship culminating in a proposal of marriage.

"In those days there were no buggies to speak of, and the way young folks courted very often was to go out on horseback. Mr. Lincoln often took me out horseback riding, and though he was not as ardent a wooer as I've seen since he kept his case going pretty lively and pressed me very hard for an answer."

Alas, Susan did not love Mr. Lincoln. She refused his proposal and chose to marry another.

Susan and William P. Boyce were married in 1839 in Petersburg, Illinois. (Coincidentally, William was also a friend of Lincoln's. He had enlisted in the Third Regiment of Illinois Volunteers and took part, alongside Lincoln, in the Black Hawk Wars of 1832.)

By 1850, Susan and William and their 3 children had begun their journey West first settling in

Texas. Following the lure of gold and silver mining, they next lived in Hangtown (now Placerville).



Touching Star quilt on display at the Sharpsteen Museum.

Their final relocation would be Calistoga, initially purchasing property in Knights Valley in 1866. Two years later, they moved into Calistoga proper where William had been elected to the office of Constable and held the office of Deputy Sheriff for three consecutive terms.

Both Susan Reid Boyce and

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MRS. SUSAN BOYCE OF CALISTOGA, Who Was the First Love of Abraham Lincoln.

From the San Francisco Call edition, May 23, 1897.

William Boyce are buried at Pioneer Cemetery. Susan passed in 1907, but the exact year of death for William is unknown, only that it was many years prior to 1897. Susan lived out her days in Calistoga with her widowed sister, Augusta Reid Benedict.

Now we start connecting to the quilt. The museum received an email message from a woman, Diane Zagar Gandara, living in Napa. This message asked if the

museum had any information regarding Susan Reid Boyce.

"I have a quilt in my possession made by Susan Reid Boyce and was wondering if you had any interest?" You can imagine our reaction! This project was handled by board member Bev Barnes who has brought this acquisition home. (I realize we are supposed to be somewhat mature women, but there was a lot of screaming and jumping up

and down on this one.)

The quilt was made in the "Touching Star" pattern as early as 1880, possibly sooner. It was passed down to Susan's daughter Mary L. Boyce McCready, then again passed onto Mary's daughter Laurence McCready Pittman (Susan's granddaughter).

Approximately 6 months prior to Laurence's death in 1978, confident this family heirloom would be in good hands, she gifted the quilt to her good friend Dorothy "Dotty" Zagar, Diane Gandara's step-mother and founder of the Santa Rosa Quilt Guild. Dotty stored this quilt for 35 years before she herself passed way in 2013. Upon the death of Gandara's father, Dotty's entire collection of 63 quilts was passed into Diane's possession.

As Diane looked carefully and closely at the many quilts, one in particular caught her eye. It was different from the rest, and obviously very old. Turning it over, there was a label attached written by Dotty with the quilt's history and the name of its maker, Susan Reid Boyce. This sparked

Diane's curiosity and she began researching only to find the rich history attached to this piece. She was also able to locate a descendant of Susan Boyce, a great-great-granddaughter, Diane McBain, living in Washington State. Diane Gandara contacted McBain. They discussed the need for a safe and permanent resting place for the quilt, a place where it can be enjoyed by others and its history shared and appreciated. They decided together the best home for the quilt would be the Sharpsteen Museum.

We find it interesting not only that Susan Reid Boyce made this quilt during her years living in Calistoga, but with her past personal history to one of our country's most beloved Presidents.

Susan and her husband came to Calistoga during its infancy, when Sam Brannan was still busy establishing our small town.

Sam held a deep and abiding respect for Abraham Lincoln, campaigning for him twice. On the National Union Ticket of 1864, it is noted "For President: Abraham Lincoln of Illinois, For

Vice President: Andrew Johnson of Tennessee. For Presidential Electors: Samuel Brannan of San Francisco, etc."

To pay homage to our 16th President, Sam so named Lincoln Avenue as well as Mt. Lincoln.

It makes me wonder if Sam ever met Susan and William Boyce, if they shared a conversation and found so much they would have had in common?

The museum has not yet set a date for completion of the Susan Reid Boyce quilt display, but we will keep you posted.

Note: the Santa Rosa Quilt Guild was founded by Dotty Zagar in 1976 with only a few members meeting in her home. The club now boasts nearly 300 strong and counting. If not for Dotty Zagar, the "Touching Star" may have been lost to time.

If you interested in finding out more about the Santa Rosa Quilt Guild, visit www.santarosaquilt-guild.org.

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Vintners announce winners of Napa Valley Wine List



COURTESY PHOTO

2016 Napa Valley Wine List Awards were announced in April. To be recognized, each wine list must feature 50 percent or 50 selections of Napa Valley wine.

The Napa Valley Vintners (NVV) nonprofit trade association announced the recipients of its 2016 Napa Valley Wine List Awards at a community celebration yesterday at Goosecross Cellars in Yountville. The event included restaurant award recipients, local vintners and community officials. More than 85 restaurants, from the pioneering All Seasons restaurant in Calistoga to newcomer Basalt in Napa, were recognized for their emphasis on serving local wines.

The NVV started its Wine List Awards program during the economic recession as a way to help bolster business and to emphasize the importance of eating and

drinking locally sourced products. To be recognized, each wine list must feature 50 percent or 50 selections of Napa Valley wine.

“When Chef Morimoto opened the Napa restaurant, he wanted an all-California wine list with a focus on Napa. It was easy to build this list as the wines of Napa Valley are so diverse,” said Eduardo Dingler, beverage director of Morimoto Restaurants. “Chef Morimoto’s philosophy is when you go to Bordeaux you don’t drink Chilean wine; when people travel to Napa, they want to drink Napa Valley wine.”

Jim Foster, of Carpe Diem restaurant in Napa noted “We support the local Napa Valley wine industry because they support us. Why wouldn’t we want to serve some of the finest wines in the world?”

The local wine industry and related businesses provide an economic impact of more than \$13 billion annually to the local economy, while creating approximately 46,000 jobs in Napa County.

“Napa Valley is home to many extraordinary restaurants,” said Emma Swain, chair of the NVV’s board of directors and CEO of St. Supéry Estate Vineyards & Winery.”

Diners can view the list of Napa Valley Wine List Award recipients at napavintners.com/restaurant.

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New exhibit at Sharpsteen Mueum

Button, button, who's got the button?

By Kathy Bazzoli

MUD CITY WEEKENDER

The Sonoma County Button Club, in celebration of its 70th year, is proud to present "Treasures From the Button Box," a new exhibit opening on May 13 at the Sharpsteen Museum.

This exhibit will feature clothing buttons from the late 1700's to the 1960's. These small works of art capture a long-ago world, recalling memories of old clothing and forgotten ancestors, while evoking the pride, independence, and quality of small manufacturers.

The Industrial Revolution of 1760 to 1840 brought a wider variety of button materials to more people. Buttons were stashed in a basket, box, or tin and passed down through the generations, often with stories about the folks who wore them.

Since the late 1930's serious collectors have created an elaborate button classification system, establishing 1918 as the cutoff year between old and modern buttons. Reference books have been published and clubs across the United States and around the world meet to study, trade, and



The Sonoma County Button Club is celebrating its 70th birthday with an exhibit at the Sharpsteen Museum May 13 through October.

buy buttons. Collectors attend state and local button shows (the public is always welcome) as well as the National Button Society's annual show, entering their 9" x 12" "trays" of favorite buttons in competition for a coveted first,

second, or third prize. The public is invited to come by and meet members of the Sonoma County Button Club as they unveil their collection of buttons at the Preview Party on Friday, May 13 from 5:30 p.m. - 7

p.m. at the Sharpsteen Museum. Enjoy some light refreshments and live music as well. This exhibit will be available for viewing through October, 2016.

Button history

<http://www.buttoncountry.com>

The word button is from the French word bouton, meaning bud or knob - buttons, as ornaments, date back several thousand years.

Until the introduction of the "button hole", buttons were generally ornamental. Some believe the crusaders introduced the button hole to Europe from the middle east.

Until the 19th century, most buttons were used for men's clothing. Hooks and lacing were the norm for women's clothes. After the mid 1800s, women became the primary consumers of buttons

In earlier times, buttons provided social commentary on the era and often defined social status and wealth. The French King, Francis I (1515 to 1547), is reported to have had thousands of gold buttons on a single coat.

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Developers hope to open new resort in 2018

By Amanda Rhodes

MUD CITY WEEKENDER

Silver Rose project developers continue to hope for a late spring 2018 opening after the threat of El Nino rains pushed crews to finish the majority of the project's excavation.

Developer Kelly Foster, principal for Bald Mountain Development, stood before city council April 19 to give a status report about what has been happening with the project over the past year.

The Silver Rose project, which will be managed by Four Seasons, includes a resort hotel with 85 guestrooms, 21 single-family homes, a spa, a restaurant, a winery, recreational amenities and support facilities.

"We made a conscience decision in 2010 to put all of our parking and virtually all of the hotel back-of-house underground," Foster said.

Foster said that although it was an expensive decision it allowed to keep much of the surface of the 22.5 acres available for the main facilities including guest rooms,

the restaurant and 21 homes that are part of the project.

The city of Calistoga entered into a development agreement with the developer Silver Rose Venture, LP in May 2012 and a ceremonial groundbreaking at the site took place in Nov. 2015.

The project is required to make certain public improvements, such as to Silverado Trail and Rosedale Road, and the agreement requires the city to annually review the developer's good faith

Foster said that he was delighted to have much of the

excavation done this past summer before El Nino hit. He said as site conditions dried out, it allowed for crews to take some of the tailings from the excavation knoll and crush it so it can be used for road and foundation base for a portion of the project.

"Our goal is to have a balanced site, which means we are neither exporting major amounts of soil nor importing major amounts as well," Foster said.

A model room has been mocked up in the office space downtown at 1334 Lincoln Ave.

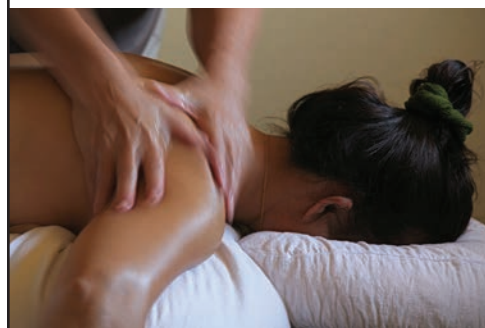
Representatives from Four Seasons, architects, interiors and other members of the design crew helped build the replica room that they believe will be a hit among

visitors to Calistoga.

Foster said that the replica allowed all involved to take the virtual design that they have all been working on for the past few years and see something tangible in the flesh.

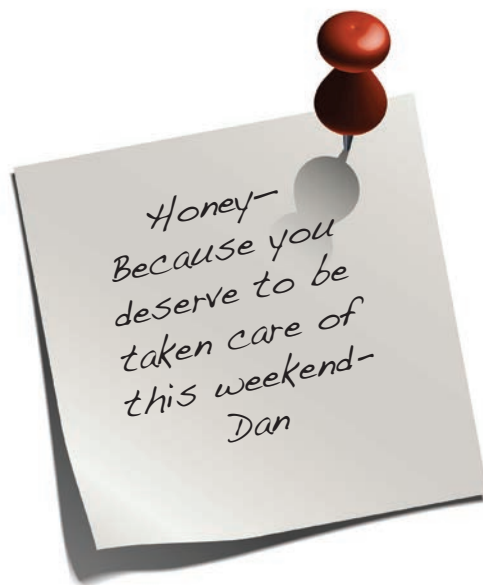
Plans are to tear down and rebuild the 2.0 replica room version this summer, well in advance of the construction of the 85 rooms.

"In general, we also went through an extensive value engineering process where we went through every element of the project—the structural steel, the stick framing, foundation, excavation, the major plumbing, utility systems, all the finishes—and basically said, is this the right trade off between a very



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luxurious but expensive build and something that is affordable and works for the partnership,” Foster said.

Victor Cortes, project manager, said in total there will be 16 buildings that contain the 85 guest rooms.

“We have been working very hard on the value engineering and really nailing down what the finishes are going to look like—from everything from the exterior finishes to interior finishes, furniture and fixtures, to lighting throughout the project,” Cortes said.

Cortes said that each of the rooms would have a fireplace and a large deck.

There will be 21 residential units available for purchase that

range from 2-4 bedrooms. These homes will most likely be considered second homes for many and when the owners are not be using their properties they have the option to lease it back to the hotel to rent out.

“We continue to stock-pile and a build a library of wines that will be part of the resort experience once opening,” Foster said.

Calistoga resident Martha Caselman asked the only question from the audience, “where are the solar panels?”

Foster responded by saying that although they are still studying the idea of solar panels the resort as a whole should not be burning much of any fossil fuels year round to heat the buildings and water features.





A new name is expected to replace “Silver Rose” when the new resort is built on the Silverado Trail.



ALL A-BOARD! Great Shopping ahead!

Built in 1868, the Calistoga Depot was the northern terminus of the Napa Valley Railroad. Besides exporting agricultural products, Calistoga imported tourists who took advantage of the skating rink, race track, mud and mineral baths, all of which were attractions promoted by a local real estate developer, Sam Brannan. Passenger service ended in 1947. In 1978, the depot was restored, along with six antique rail cars, to house a charming commercial complex.

 **WANDER THE HISTORIC STATION, PHOTO OPPORTUNITIES ABOUND**

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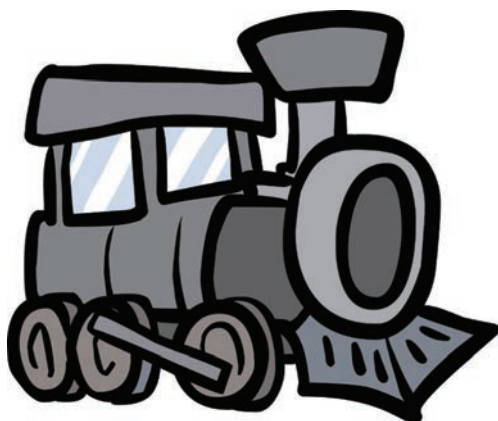
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Places to go, things to see, stuff to do...

TOURING CA'TOGA



Carlo Marchiori's breathtaking Ca'toga home is available for tours each Saturday at 11 a.m. He reopens the doors for tours after the winter hiatus in May 2014.

It is a house and grounds like no other, this remarkable Palladian style masterpiece we know as Ca'toga, the home of world-renowned artist Carlo Marchiori.

Tours of the home and grounds are given every Saturday at 11 a.m. from May through October.

Call 942-3900 for ticket information and reservations.

SHARPSTEEN MUSEUM

If you're a history buff, or just want to find out a little more about



The Sharpsteen Museum houses exhibits on the history and people of the Calistoga area. Open 11 a.m. to 4 p.m. daily at 1311 Washington Street across from City Hall.

how this spa resort town came into being, your visit has to include a stop at the Sharpsteen Museum, one of Calistoga's best self-tours.

Docents are on hand to explain the artifacts and displays as well as the wonderful dioramas that depict Calistoga at the end of the nineteenth century.

You can find the museum at 1311 Washington Street. Open every day from 11 a.m. - 4 p.m. except Thanksgiving and Christmas. Admission is free, although donations are accepted.

Don't forget to stop and browse in the museum's gift shop. It is full of books and mementos of the past sure to please any discerning reader or shopper.

Good selection of women in the old West books as well as history of the Napa Valley. You'll also enjoy the selection of doorstops, china tea cups, and "antiques" on sale.

BALE GRIST MILL PARK



Bale Grist Mill State Historic Park is four miles south of Calistoga. Open Friday, Saturday, Sunday and Monday from 10 a.m. to 5 p.m., a small entry fee is collected in the gift shop on weekends by volunteer staff.

Open from 10 a.m. to 5 p.m. weekends, visit the Bale Grist Mill State Historic Park four miles south of Calistoga on Highway 29. Built in 1846, the Old Bale Mill has been restored to operating condition complete with its 36-foot wooden waterwheel. On weekends you can buy freshly ground cornmeal, whole-wheat flour and other gifts in the mill's store.

You can walk along the History Trail from the mill to Bothe Napa Valley State Park, a mile and a half north, and visit the Native American Plant Garden next to the visitor center.

Bothe-Napa Valley State Park also has hiking trails and picnic grounds which are open to the public. The 50 campsites are now open to the public because of new agreements between the state and a local non-profit. Amenities include restrooms and hot showers, picnic sites, and a summer swimming pool.

Call 942-4575 for more information.

OLD FAITHFUL GEYSER



Old Faithful Geyser of California is on Tubbs Lane just north of town.

A tourist destination for more than 100 years, Calistoga's Old Faithful Geyser of California continues to draw people from all over the world to witness its natural eruptions of hot mineral water.

In years past, visitors arrived by horse and buggy, on foot or in Model-T's. Now you can drive into the parking lot yourself at 1299 Tubbs Lane.

Shooting 60 feet into the air for three or four minutes, the 350 degree water comes from an underground river, and is heated as it flows over a bed of hot magma. The geyser eruptions average about 30 to 40 minutes apart.

Open daily from 8:30 a.m. to 6 p.m., admission is \$14 for adults, \$12 for seniors, \$8 children 4-16.

PETRIFIED FOREST



Call ahead for a guided nature walk on Saturday or Sunday at Petrified Forest, 4100 Petrified Forest Rd.

See giant redwoods turned to stone after being uprooted and covered by volcanic ash from eruptions that happened 3.4 million years ago. Picnic area, walking trails, and a gift shop and museum. About six miles west of Calistoga at 4100 Petrified Forest Road.

Free Naturalist Tours are offered at 11 a.m., 1 p.m. and 3 p.m. at no additional charge. Admission \$10 for adults, \$9 for seniors and Juniors 12-17, \$5 children 6-11. Call 942-6667 for information and tour reservations.

PIONEER PARK

Young kids need a break from being inside?

Take them to the city's prettiest play area, Pioneer Park on Cedar Street. Large, grassy shade areas for adults to sit and talk, fenced playground with jungle gym equipment for youngsters.

Public bathrooms on site, pets on leashes okay and alcoholic beverages are allowed in the park as well. BBQ and picnic tables available. The year-round Napa River flows next to the park. It's a nice place to cool off in summer, but do not let children play in water without adult supervision.

Hiking to the summit from

R. L. STEVENSON STATE PARK

Robert Louis Stevenson State Park gives our outdoor visitors a breathtaking view of the Bay Area. Open during daylight hours only, the trail to the west climbs to the summit of Mt. St. Helena, the trail to the east goes to the cliffs of the Palisades. No restrooms or water are available, so go prepared and plan for sudden changes in the weather.

Take Highway 29 towards Middletown, and you'll see the parking lots on the right and left sides of the highway about seven miles from Calistoga.

THE FACT THAT THE CALISTOGA END CALISTOGA BALLOONS



Calistoga Balloons, the only hot air balloon company that will float you over the northern Napa Valley or Calistoga in the early morning hours.

of the valley has less fog than the lower part of the valley is a flying advantage for Calistoga Balloons. The colorful balloons are launched from various sites in Calistoga. Launch time is usually near sunrise.

Most people simply don't want the balloon to return to earth. But when your feet do touch the earth again, Calistoga Balloons offers champagne brunch at Michelin one star Solage restaurant after your flight. For more information on an adventure you won't soon forget, call Calistoga Balloons of Napa Valley at 942-5758.

Places to go, things to see, stuff to do...

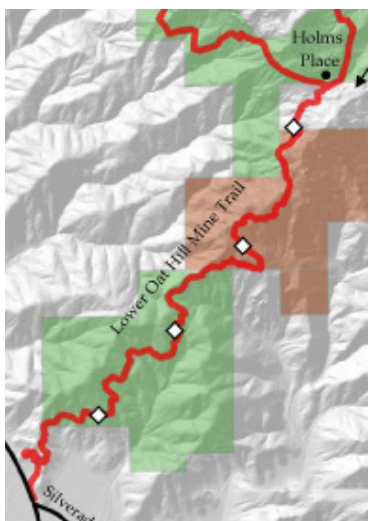
MUD BATHS & MASSAGE



Slow down, relax. Whether it's a mud bath or massage or facial or foot rub, you can find what you're looking for at Calistoga's selection of fine spas.

Wellness is the focus of Calistoga's heart, and local treatments are fashioned to give you the best experience possible, but you have to be an active participant! There are almost a dozen spas in town, so check them all out to find the one best suited for your needs. With mud baths, facials, aromatherapy, salt scrubs, steam baths, mineral pools, herbal wraps and other treatments offered, you'll find something to make you feel relaxed and rejuvenated again.

OAT HILL MINE HIKING/BIKING



The 8.3 long Oat Hill Mine Trail follows the original route between Calistoga and the western end of Aetna Springs Road in Pope Valley.

Construction of the Oat Hill Mine Road was started in 1873 to provide a transportation route between Calistoga and the quick-silver mines in the Palisades. It took 20 years to complete the project and the road was officially opened in 1893. Much of the road was constructed by Chinese laborers; hand-laid stone walls are visible at many locations along the trail.

Today the 8.3-mile-long Oat Hill Mine Trail follows the original route between Calistoga and the western end of Aetna Springs Road in Pope Valley. The trail provides a magnificent recreational experience for hikers, mountain bicyclists and equestrians. The Calistoga trail head is at the junction of Silverado Trail and Lake Street where on-street parking is available. Take lots of water, as there is no drinkable water on the trail. Stay safe.

CASTELLO DI AMOROSA



Castello di Amorosa is just south of town, where it took 15 years to build this authentic replica of an 11th century medieval castle.

The Castello di Amorosa has five towers and ramparts, 107 rooms on eight levels, all built over 15 years from antique materials and nearly 8,000 tons of stone. Regular tours are \$33 per person and tasting is \$18 per person. No reservations are needed for tasting five of the castle's wines. Reservations for tours are required, so call ahead at 967-6272. Children of all ages are welcome at the castle, and those 5 years and older are welcome on

tours (\$7 fee). The castle is at 4045 North St. Helena Highway. Open seven days a week, it is a remarkable achievement of medieval architecture just minutes from Calistoga.

PARADE LOVIN' CALISTOGA



The totally world famous Calistoga Lighted Tractor Parade draws thousands of gawkers each December.

We'll have a parade here at the drop of a hat, it seems, and that means more fun for us and for our town's visitors.

The *Silverado Parade* celebrates July 4 during the Napa County Fair. Floats, music, cars, organizations and colorful characters make this the biggest Fourth of July parade in the county. This year's theme for the parade and four-day fair is *Celebrate!*

The annual *Halloween Parade* has been a fall highlight for more than 60 years, and is always, always on Oct. 31. Hundreds of boils and ghouls line up by age to come down Lincoln Avenue at 6 p.m. before enjoying a costume contest and Haunted Carnival at the Community Center.

Not the end of our seasonal parade calendar, the *Calistoga Lighted Tractor Parade* blinks its way through downtown on the first Saturday in December, as we pay tribute to our agricultural roots with as many tractors, old trucks, backhoes, and old fire trucks we can decorate with working lights and music. Great fun for the entire family.

The Lighted Tractor Parade starts at 7 p.m., giving visitors

plenty of time for dinner before or after the parade in one of our fine eateries.

A little more locally focused but still drawing sidewalk supporters are the annual *Calistoga High School Homecoming Parade* in November and the *Our Lady of Guadalupe Parade* each Dec. 12.

But then again, we don't need much encouragement to have a community parade!

SHOPPING AND MORE SHOPPING

You can tell there's a lot to do in Calistoga from spa treatments to bicycle rides, wine tasting and dining out, hiking Oat Hill Mine Road or enjoying live concerts.

But we can't let another paragraph go by without mentioning the extraordinary selection of retail shops waiting to invite you inside. We have art galleries, men and women's resort wear shops, books and kitchen items, consignment shops, and a bookstore for reading the next Michael Connolly mystery poolside.

Walking down Lincoln Ave. reveals the range of retail shops you will enjoy during your visit.



Calistoga is home to a vibrant shopping district downtown.

HOLIDAY VILLAGE

Returning for 2015 is the Calistoga Chamber of Commerce's



Holiday Village is a weekend-long celebration of all things Calistoga.

festive Holiday Village celebration with the annual Community Christmas Bazaar, Breakfast with Santa, downtown shopping, and the almost-world famous Calistoga Lighted Tractor Parade. Go to www.VisitCalistoga.com for more information.

NAPA COUNTY FAIR & FIREWORKS



Kids will find a variety of carnival rides at the annual Napa County Fair at the local fairgrounds on North Oak Street.

Napa County Fair's on-going theme is "Celebrate!" on July 4 at the fairgrounds on North Oak Street in Calistoga.

Stick around for the annual Silverado Parade on July 4 as thousands celebrate red, white and blue. Best fireworks show in the county at the grandstands on July 4 as part of fair admission following the grandstand show.

More places to go, things to see, stuff to do...



Take Lake County Highway to Middletown to try your luck at Twin Pine Casino, just 20 minutes from downtown Calistoga.

TWIN PINE CASINO & HOTEL

Where is California's newest and most exciting casino/hotel/restaurant destination?

It's just a short 15-mile drive north from Calistoga over scenic Mount St. Helena on Highway 29 – Twin Pine Casino & Hotel. There you'll find hundreds of the latest and most popular slots, and table games like Blackjack and Texas Hold'em Poker. You'll also enjoy live entertainment Thursday through Sunday – and all shows are free!

The Manzanita Restaurant (reservations at 707-987-1200) is renowned for its fine cuisine and extensive wine list. The Grapevine Bar & Lounge is a smoke-free environment and full-service bar featuring a large selection of wines and mixed drinks, beer on tap, and five big-screen high-def TVs.

Twin Pine's new hotel, (707) 987-0297, is an excellent choice for deluxe accommodations at modest prices with 60 non-smoking rooms to choose from.

Want more? How about a unique wine-tasting room featuring the region's best award-winning wines, and a gift shop with great wine accessories, beautiful jewelry, clothing, glassware and its own broad selection of California wines.

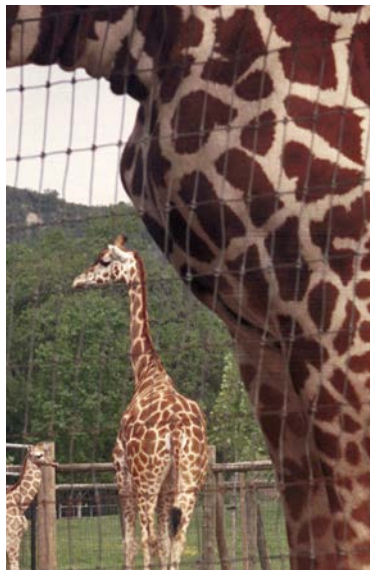
Twin Pine Casino & Hotel is open 24/7. For more information call (800) 564-4872 or go to

SAFARI WEST

TwinPine.com.

Explore the entire 400 acres of Safari West in a three-hour adventure led by one of their highly experienced guides in an open-air, authentic safari vehicle. Tours are offered at 9 a.m., 10 a.m., noon and 4 p.m. spring and summer, time changes in fall. Safari Tour prices are adults \$78; children 3-12 \$32, children 1-2 \$15. Arrive at least 15 minutes before the safari is scheduled to leave. Advanced reservations are required for all visits.

The experience includes a drive through the 12-acre Extreme Africa exhibit, where guests will be at one with the wild, observing giraffe, gazelle, scimitar-horned oryx, ostrich and other species of African antelope all living together.



Giraffes, zebras, and more await the adventurous at Safari West.

er. In one area you may find a cape buffalo and a zebra enjoying a refreshing break at the nearby watering hole.

Safari West Adventure drives are 2½ to 3 hours long and best suited for children over the age of 3 years old and may be uncomfortable for pregnant women.

Call (707) 579-2551 for more information.

MOUNT ST. HELENA GOLF COURSE

Mount Saint Helena Golf Course and driving range, "a diamond in the rough," is located at



"A Diamond in the Rough," the nine-hole par 34 public Mt. St. Helena Golf Course at the fairgrounds is open seven days a week, 7 a.m. to dusk.

the Napa County Fairgrounds with the entry off Grant Street.

The golf course facility, a 9-hole par 34 (2,759 yards) is open 7 days a week, 7 a.m. to dusk. Rental equipment is available including Callaway clubs and motorized and walking carts. For the Pro Shop, call Kelly Hart at 942-9966 to book your tee time.

BIKING AROUND

Napa County, with its varied terrain, beautiful scenery and mild weather is an ideal place to bicycle



Contact the Calistoga Chamber of Commerce for a free "Bike Napa Valley" map for tips and resources.

for transportation and recreation. Travel between towns is not as

easy on a bike because of distances, limited transit connections, and roads with motor vehicle traffic.

The Oat Hill Mine Road at the north end of town is a popular off road bike trail also used by hikers. Use common sense and courtesy when biking in town or on the rural roadways.

The Calistoga Farmers Market is open every Saturday between

FARMERS MARKET



Every Saturday from 9 a.m. to 1 p.m., the Calistoga Farmers Market is open for business year-round.

9:30 a.m. and 1 p.m. year-round in the parking lot next to the police department on Washington Street. Visitors can also visit the neighboring Sharpsteen Museum.

Enjoy organic and natural produce from area farmers who bring vegetables, fruit, flowers, arts and crafts to the fair. Food and live music or entertainment. Morning coffee and walk-away breakfast treats also available for purchase.

SPRINT CAR RACES

When it comes to history and prestige, few tracks on the West Coast offer more than Calistoga Speedway and on Friday and Saturday, April 9-10, the picturesque half-mile will roar to life as the World of Outlaws Sprint Car Series roars to life. Labor Day Weekend, Sept. 3-4, brings the



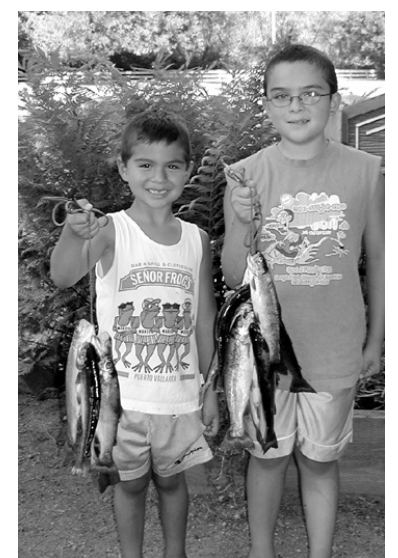
The King of the West Sprint Car Races are scheduled for June 25.

ninth annual Louie Vermeil Memorial Classic for wingless cars and midgets sponsored by USAC/CRA.

King of the West Wine Country Classic returns on June 25.

Call 942-5111 for information or go to www.calistogaspeedway.org for ticket prices and seating chart.

TROUT FISHING



The whole family will enjoy fishing at Smith's Trout Farm in Knights Valley.

Looking for something to do that the whole family will enjoy?

Then a visit to Smith's Mount St. Helena Trout Farm and Hatchery might be in order. Smith's is located seven miles up Ida Clayton Road in Knights Valley just north of Calistoga.

Smith's Mount St. Helena Trout Farm and Hatchery is open Saturday and Sunday from 10 a.m. to 5 p.m. from March through October. Cost for the day depends on the size of trout you catch, which varies from \$2 for a six inch trout to \$7 for an 11-inch trout. For more information call (707) 987-3651.

COMMUNITY POOL



The Calistoga Community Pool will open with a moderate schedule May 11 and start its full summer schedule June 8.

Decades in the making, but a beautiful result of community effort, the Calistoga Community Pool will open for the pre-season May 11 and full summer schedule June 8.

The pool is open to the public on a first come, first served basis. On hot days directors do expect to reach capacity and will not allow any additional patrons into the facility until others leave. Admission prices are: Calistoga Youth (2-17), free; Seniors (55+), \$3; Adults (18+), \$5; Water Aerobics/Arthritis Adult, \$5; Water Aerobics/Arthritis Senior, \$4; and Stroke Clinics, \$10;

Daily Fees for Non-Residents are: Youth (2-17), \$3; Seniors (55+), \$5; Adults (18+), \$6; Water Aerobics/Arthritis Adult, \$8; Water Aerobics/Arthritis Senior, \$6; and Stroke Clinics, \$15.

The pool is located at 1401 North Oak Street. Call 942-2846 for more information.

VETERANS MEMORIAL

The Calistoga Veterans Memorial



The Calistoga Veterans Memorial is at Logvy Community Park.

at Logvy Community Park commemorates those who have served in the nation's armed forces. Dedicated in 2009, the memorial includes over 300 bricks inscribed with the names of local veterans and family members as well as marble columns dedicated to the five branches of service.

Veterans Day and Memorial Day services, sponsored by the American Legion and local scout groups, are held at the memorial while Memorial Day services are held at both Logvy Park and Pioneer Cemetery on Foothill Boulevard. Pioneer Cemetery was deeded to the city of Calistoga in 1936 and contains over 500 graves.

LIVE MUSIC, ENTERTAINMENT



Concerts in the Park began Thursday, June 26 at Pioneer Park on Cedar Street.

Calistoga is known as the live music town of upper Napa Valley, with music a part of the community's fabric, especially in the spring and summer when the

weekly Concerts in the Park happen at Pioneer Park every Thursday from 6:30 p.m. to 8:30 p.m. from June 25-Aug. 27.

Thriving nightlife scene includes live music every weekend Brannan's Grill and Hydro Grill & Bar from spring through fall. The Christian music event "Rock of Ages" is also held in October at the fairgrounds.

For more music event information, go to the chamber website at calistogavisitors.com.

CULINARY CLASSES

If you are a foodie, there are adventures ahead for you! Check out the local B&B's which offer cooking classes along with their overnight stay packages.

Down the road the famous Culinary Institute of America holds public cooking demonstrations at 1:30 p.m. on the weekends for \$20 per person. Call 707-967-2320 for reservations and info.

CALISTOGA ART CENTER



The Calistoga Art Center offers classes for all ages.

The Calistoga Art Center was formed in 2002 by community members and art enthusiasts to expand and enrich the arts in the Napa Valley through education, experience, awareness and involvement.

The Calistoga Art Center is in the Cropp Building on North Oak Street at the fairgrounds.

Programming in the visual arts, ceramics, painting, drawing, photography, graphic, and textile arts is available.

Call 942-2278 or go to www.calistogaartcenter.org for more information and class schedules.

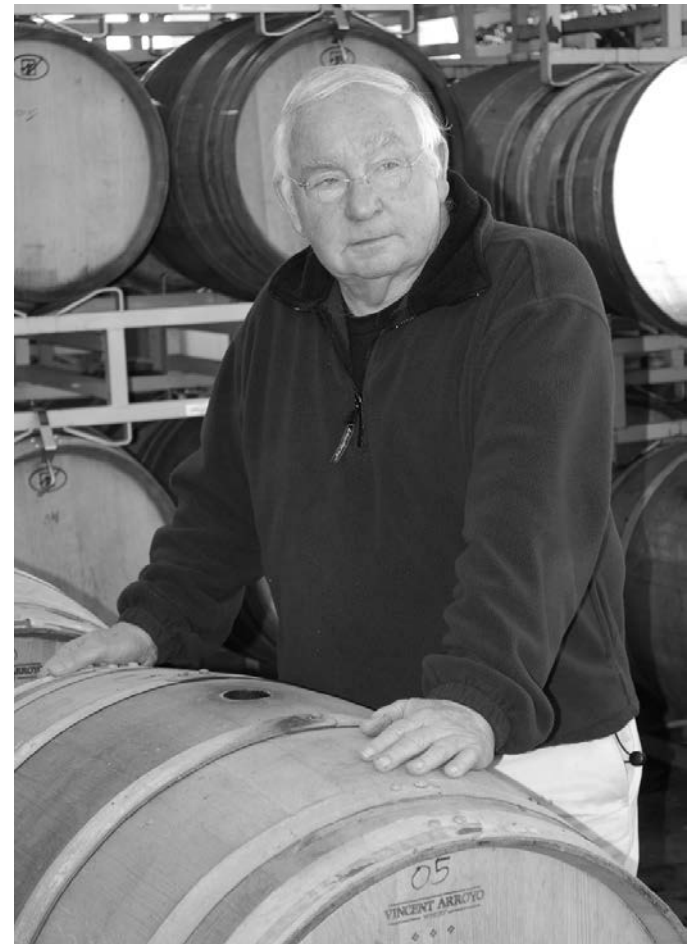


PHOTO BY CHICK HARRITY

"Take what you have and do the best you can with it."

— VINCENT ARROYO

Vincent Arroyo's winemaking style is the embodiment of his philosophy about his land. "Take what you have, and do the best you can with it." Each wine at the winery is hand-crafted, starting from before the grapes are harvested.

The wines produced at the Vincent Arroyo

Winery have put a star on many Napa Valley maps as a place that shouldn't be missed. His signature wine, still Petite Sirah, has become so popular that it often sells out before it is bottled every year.

Once you have tasted the wines, you'll know why. And once you've visited the winery, you'll know why no one leaves without a smile on their face.

Come see us today. Just call for a tasting appointment, we're waiting to say hello and pour you a glass.



VINCENT ARROYO WINERY
2361 GREENWOOD AVENUE
CALISTOGA • 942-6995

Calendar

OF CALISTOGA EVENTS

May 2016

MAY

2 MONDAY

♣ **Mt. St. Helena Men's Golf:** Join us every Monday and Wednesday for Men's Golf. Meet at the Pro Shop, located at 2025 Grant Street, 8 a.m. for tee off time at 8:30 a.m. Newcomers/all levels welcome. For more information call the Pro Shop, 942-9966, mention the Men's Club and leave your contact info. Someone will contact you.

♣ **Kids Ceramics:** Every Monday from 3 - 5 p.m. at the Calistoga Art Center, Fairgrounds, Cropp Building, 1435 N. Oak Street, with Jules Stout. Introduction to various styles of ceramic art and guidance in all techniques. All school-aged children welcome. \$20/class or \$60/month. More info: www.Calistoga ArtCenter.org or call 942-2278.

♣ **Adult Ceramics:** Every Monday and Wednesday from 5:30 - 8:30 p.m. at the Calistoga Art Center, Fairgrounds, Cropp Building, 1435 N. Oak Street, with Jules Stout. Introduction to various styles of ceramic art and guidance in all techniques. \$20/class or \$60/month. More info: www.Calistoga ArtCenter.org or call 942-2278.

3 TUESDAY

♣ **Lengthen & Strengthen:** For adults at all fitness levels with instructor Karen Mann, local Hatha Yoga/Fitness instructor. Classes every Tuesday and Thursday at the Community Center, 1307 Washington Street, 10:30 a.m. - noon. Fee is \$5 a class, no registration needed, drop-ins welcome. Sponsored by the city's Recreation Services. Go to www.calistogarecreation.com

♣ **Sit & Spin:** The group meets Tuesdays from 3 - 5 p.m. at the Calistoga Roastery, 1426 Lincoln Avenue. We spin, knit, crochet, weave or stitch, so join us for a pleasant afternoon doing what you love. It's free and all are welcome. For more information contact Rose LeClerc at roze.leclerc@gmail.com

♣ **City Council:** The City Council meets on the first and third Tuesday at 6 p.m. at the Community Center, 1307 Washington Street. For information, call City Hall at 942-2805.

4 WEDNESDAY

♣ **HICAP Counseling and Advocacy Program:** An advisor will be in Calistoga at the Family Center, 1705 Washington Street, Suite G, the first and third Wednesday of each month from 10 a.m. - 2 p.m. Do you have questions about Medicare, Supplements, Long Term Care Insurance? For questions or to make an appointment call Elena Mendez at 707-341-3185.

♣ **Mt. St. Helena Men's Golf:** 8 a.m. for tee off time at 8:30 a.m. Newcomers/all levels welcome. See May 2 listing for details.

♣ **Adult Ceramics:** At the Calistoga Art Center, Fairgrounds, Cropp Building, 1435 N. Oak Street. See April 25 listing for more details.

♣ **Tech Training at the Calistoga Library:** Continuing Wednesday through Saturday at our temporary location, 1435 N. Oak Street, during library hours. Staff will offer free technology, ebook and audiobook training. Thirty minute one-on-one appointments available with Dan or Fredy. Register in person, over the phone (942-4833), or by email: daniel.cottrell@countyofnapa.org or fredy.gonzalez@countyofnapa.org

5 THURSDAY

♣ **Mt. St. Helena Women's Golf:** Join us every Thursday through October for Women's Golf. Meet at the Pro Shop, located at 2025 Grant Street, 8:15 a.m. for tee off time at 8:30 a.m. All levels of golf experience welcome. For more information contact Kelly Hart, at the Pro Shop, 942-9966.

♣ **Lengthen & Strengthen:** Classes at the Community Center, 1307 Washington Street. See May 3 listing for details.

♣ **Art Explorers:** Kids explore a variety of art mediums. Suggested ages 1 - 5. Children (and accompanying adults) make art and meet new friends. Drop-in classes every Thursday at the Calistoga Art Center, Fairgrounds, Cropp Building, 1435 N. Oak Street, 3:30 - 4:30 p.m. \$10 per class. More info call 942-2278.

♣ **CAC Drop-In Studio:** Every Thursday from 4 - 7 p.m. at the Calistoga Art Center, Fairgrounds,

Cropp Building, 1435 N. Oak Street. Come in to work on your projects. Bring your own supplies or buy clay for \$25 (includes glazes). \$15 for non-members; \$10 for members or enrolled students. Pay in class. More info call 942-2278.

6 FRIDAY

♣ **County Medi-Cal Services:** A Medi-Cal worker will be at the Family Center, 1705 Washington Street, Suite G to provide help. See April 29 listing for details.

♣ **ConverSAYtions:** Share ideas, experiences and perspectives with others about a range of topics. The first and third Friday of each month from 10 - 11:30 a.m. Led by Toni Allegra or Jim Haslip. The topic today is "A Favorite book" Co-sponsored by Rianda House and Calistoga Recreation Services, ConverSAYtions is held at the Calistoga Community Center, 1307 Washington Street. Attendance is free, but a \$5 donation is suggested and would be appreciated to help cover programming costs.

♣ **Shelly Shows Movies:** Free movie at the Community Presbyterian Church (the green church) at the corner of Third and Washington Streets. Show starts 7 p.m. Open to all. Refreshments served. This week, see "My Cousin Vinny" with Joe Pesci. An inexperienced, loud-mouth lawyer not accustomed to Southern rules and manners defends his cousins. For more information, call Shelly at (707) 293-0847.

7 SATURDAY

♣ **Aqua Zumba®:** Meets at the Calistoga Community Pool, Logvy Park, 8:30 - 9:30 am. See April 30 listing for details.

♣ **Calistoga Farmers Market:** At the Sharpsteen Museum Plaza, Washington Street. See April 30 listing for details.

♣ **Bale Grist Mill Pancake Breakfast:** 3369 Hwy 29, 3 miles south of Calistoga, 8:30 to 10:30 a.m. Enjoy awesome Bale Mill pancakes and help support the parks. \$5 per person. Sign up to become a member of the Friends Group operating the mill and receive a free breakfast.

♣ **Calistoga Library Guitar Workshop:** Small group instruction in the Garden Room, 1435 N. Oak Street. See April 30 listing for details.

♣ **Free Comic Book Day:** At the Calistoga Library, 1435 N. Oak St., from 11 a.m. to 6 p.m., Get your free comic books while they last! For more information, contact Daniel Cottrell at (707) 942-4833.

♣ **CEF Fundraiser:** Calistoga Education Foundation and the Wildcat Boosters fundraiser will be held at the Fairgrounds Courtyard, 1435 N. Oak Street. Doors open 4:30 p.m. Silent auction, local food and wine: 6 - 8 p.m. Dancing to National Park Radio Band: 8 - 10 p.m. Tickets \$50 in advance, \$65 at the door. For more info email itsapartycalistoga@gmail.com.

9 MONDAY

♣ **Mt. St. Helena Men's Golf:** 8 a.m. for tee off time at 8:30 a.m. Newcomers/all levels welcome. See May 2 listing for details.

♣ **Kids Ceramics:** At the Calistoga Art Center, Fairgrounds, Cropp Building, 1435 N. Oak Street. See May 2 listing for more details.

♣ **Adult Ceramics:** At the Calistoga Art Center, Fairgrounds, Cropp Building, 1435 N. Oak Street. See May 2 listing for more details.

♣ **School Board:** The monthly meeting of the board of trustees of the Calistoga Joint Unified School District will be held at 7 p.m. at the Calistoga Jr/Sr High School Multipurpose Room, 1608 Lake Street. For more information, call 942-4703.

10 TUESDAY

♣ **Lengthen & Strengthen:** Classes at the Community Center, 1307 Washington Street. See May 3 listing for details.

♣ **Friends of the Library:** Find out more about how to join the Friends of the Calistoga Library, at 2:30 p.m., at the Calistoga Art Center, 1435 N. Oak St. For more information contact Daniel Cottrell at (707) 942-4833.

♣ **Sit & Spin:** The group meets at the Calistoga Roastery, 1426 Lincoln Avenue. See May 3 listing for details.

11 WEDNESDAY

♣ **Mt. St. Helena Men's Golf:** 8 a.m. for tee off time at 8:30 a.m. Newcomers/all levels welcome. See May 2 listing for details.

♣ **Planning Commission:** On the second and fourth Wednesday of every month at 5:30 p.m. at the Community Center, 1307 Washington Street. For information, call the Planning Department at 942-2827.

12 THURSDAY

♣ **Lengthen & Strengthen:** For adults at all fitness levels with instructor Karen Mann, local Hatha Yoga/Fitness instructor. Classes every Tuesday and Thursday at the Community Center, 1307 Washington Street, 10:30 a.m. - noon. Fee is \$5 a class, no registration needed, drop-ins welcome. Sponsored by the city's Recreation Services. Go to www.calistogarecreation.com

♣ **Art Explorers:** Kids explore a variety of art mediums. Suggested ages 1 - 5. Children (and accompanying adults) make art and meet new friends. Drop-in classes every Thursday at the Calistoga Art Center, Fairgrounds, Cropp Building, 1435 N. Oak Street, 3:30 - 4:30 p.m. \$10 per class. More info call 942-2278.

♣ **CAC Drop-In Studio:** Every Thursday from 4 - 7 p.m. at the Calistoga Art Center, Fairgrounds, Cropp Building, 1435 N. Oak Street. Come in to work on your projects. Bring your own supplies or buy clay for \$25 (includes glazes). \$15 for non-members; \$10 for members or enrolled students. Pay in class. More info: www.Calistoga ArtCenter.org or call 942-2278.

♣ **Copperfield's Book Club:** The club meets at 1330 Lincoln Ave., at 5 p.m. This month we discuss "VD: Vintage Death" by Geo Gosling. Detective David Knight lives in Birchwood, California. The town seems idyllic until young, healthy, male, harvest workers start turning up dead. Members of the book club may purchase the current selections at a 25% discount. Food and beverages will be provided at the meeting. For more information about this activity, contact Hillary Smith at 942-1616.

♣ **PFLAG Napa-UpValley Support Group:** PFLAG Napa UpValley Support Group meetings

Uncorking fun wine facts

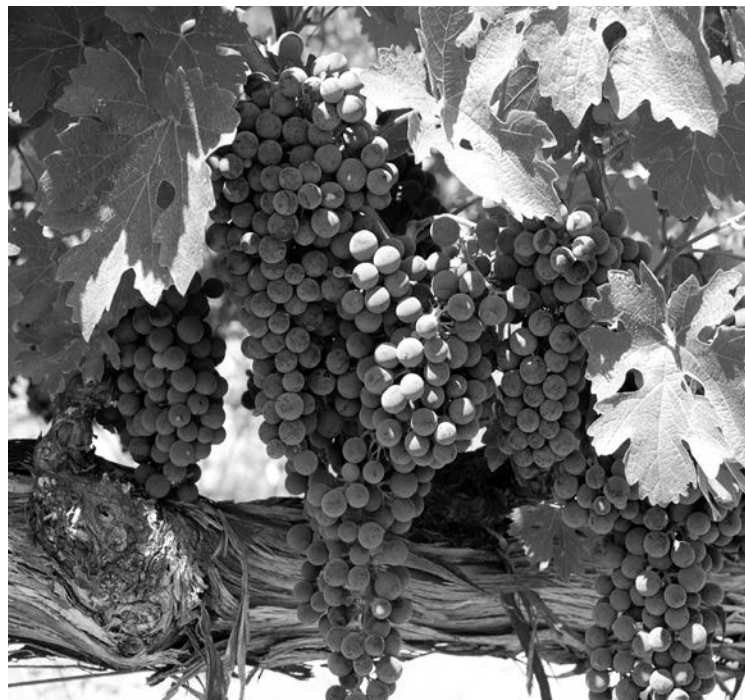
Napa Valley's rare diversity of microclimates is ideal for growing fine wine grapes.

While Cabernet and Chardonnay are the most widely planted wine grapes, the Napa Valley holds many surprises for wine lovers looking for varieties off the beaten path.

Here are the most popular varieties planted in the valley:

Cabernet Sauvignon is the acknowledged "king" of red grapes in Napa Valley. Some Napa Valley Cabernet vines from the 19th century are still producing, but most were replanted in the last 20 years. Cabernet Sauvignon is a complex grape; its character can emerge as black currants, green olives, herbs, bell peppers or combinations of these with mint and leather. These wines age beautifully. When young they are best matched with robust red meat dishes; older Cabernets are superb accompaniments to roasts and steaks, and also complement many cheeses.

Chardonnay is among the most widely planted grape variety in Napa Valley. In France, the



great white Burgundies are made from the Chardonnay grape and Napa Valley labels have repeatedly won wine-tasting competitions against them, even in France! Napa Valley makes several types of Chardonnay, ranging from fresh, crisp wines to rich, complex wines with layers of flavors. With such a wide range of

styles, Napa Valley Chardonnays accompany a variety of dishes, from simply prepared seafood to lighter red meats.

Merlot has long been available in Napa Valley. Traditionally used as a blending wine, Merlot gained popularity in the early 1970s. Wines made from Merlot show lovely cherry-like aromas with hints of their sibling Cabernet's herbaceousness. Because Merlot's tannins are softer than those found in Cabernet, the wines are drinkable at an earlier age than most Cabernets. At the same time, Merlots reward aging by gaining finesse and complexity much as Cabernets do. Serve Merlot with any dish that calls for Cabernet or try it with lighter meats such as pork or veal.

Pinot Noir has been called the fickle grape variety because it makes some of the world's best wines (Burgundian red) but is also one of the most difficult grapes both to grow and vinify. In France, these wines are exceptional only a few years in a decade. In California it has taken decades to make truly great Pinot Noir, and much progress has been made in the last eight to 10 years. Pinot Noir is less tannic and has less pigment than Cabernet and Merlot, so the wines are somewhat lighter. They can be very drinkable at two to five years of age and the best will improve for several years after that.

Sangiovese is an Italian varietal that has gone from cult status to full-blown success in the '90s. Napa Valley produces Sangioveses that are often ready to enjoy upon release. With hints of cherries, black tea and spice these wines enhance a wide variety of foods. Certainly with an array of creamy dishes and cheeses, mushrooms and game, this wine says mangia! In the mouth, Sangiovese is usually lighter than Cabernet, yet more full-bodied than its French cousins such as Gamay and can be as comfortable at a well-set table as at a picnic.

Sauvignon Blanc grapes make wines that appear under two names: Sauvignon Blanc and Fumé Blanc (a regional French nickname is "blanc Fumé"). These wines are increasingly popular as they have a distinctive character, often described as fruity with a touch of herbaceousness, and very good acidity. As with Chardonnay, you will find a range of styles — those that are crisp and "grassy" and others that have a ripe pineapple richness augmented by an oak bouquet. Because of their acidity, Sauvignon Blanc and Fumé Blanc are very enjoyable with shellfish and seafood.

Zinfandel, one of California's most versatile and friendly grape varieties, was the mainstay of 19th century winemaking. Much of the world's Zinfandel acreage is planted in the Napa Valley. This varietal is vinified as a light, easy-drinking red and a heavier, richly flavored version that rewards bottle aging, as well as a white or "blush" wine. With such a range of wine types, there is a Zinfandel for just about every wine enthusiast and for every imaginable food.

Rhone Varietals, chiefly Syrah among the reds and Viognier among whites, and Italian Varietals, chief among them, Sangiovese, as well as Barbera and Dolcetto, are increasingly popular.

For more information on the Napa Valley's history of grapegrowing and winemaking, go to www.napavintners.com



- One barrel of wine equals roughly 20 cases, which equals 1200 glasses.
- A ton of grapes makes about 720 bottles of wine, or 60 cases.
- One vine annually produces between four and six bottles of wine, or between 20 and 30 glasses.
- Each bottle of wine contains about 2.8 pounds of grapes; therefore each 5-ounce glass of wine contains a little over half a pound of grapes.
- There are between 15 and 45 clusters of grapes per vine.
- One acre of land is home to between 900 and 1,300 vines.

Wine Bottle Quiz

Can you name these different wine bottle sizes?

Bottle Name	Capacity
Magnum	Holds 2 bottles of wine
Bottle	Holds 750 ml of wine
Half Bottle	Holds half a bottle
Piccolo/Split/Pony	Holds 1/4 a bottle

- This big daddy holds 36 bottles of wine (Colossal)
- This momma holds 2 cases of wine (Solomon)
- This giant holds 20 bottles of wine (Nebuchadnezzar)
- This big baby holds 16 bottles of wine (Balthazar)
- This bottle holds a standard case (Salamazer)
- This size holds 8 750-ml bottles (Jeroen)
- Holds 4 750-ml bottles (Methushah)



- Araujo Estate Wines**
Not open to the public.
www.araujoestate.com
- Arroyo Winery**
942-6995 • 2361 Greenwood Ave.
Mon. – Sun. 10-4:30. Open by appointment, call ahead. Renowned for its petite sirah.
- Aubert Wines**
942-4333 • 333 Silverado Trail
Limited tasting appointments.
Call winery for details.
- August Briggs Winery**
942-4912 • 1307 Lincoln Ave.
Open Sun-Thurs, 11-5; Fri & Sat 11-7
Tues by apt only. Call ahead.
- Azalea Springs Vineyards**
963-1999 • 4301 Azalea Springs
Not open to the public.
- Barlow Vineyards**
942-8742 • 4411 Silverado Trail
By appointment only. 100% varietal cabernet, merlot and zinfandel wines.
- Bennett Lane Winery**
942-6684 • 3340 Highway 128
10 to 5 daily. Crush tours during harvest, barrel tastings, chocolate and red wine pairings every Saturday.
- Carter Cellars**
(707) 445-0311 • 1170 Tubbs Lane
Open by appointment, call ahead.
- CarverSutro**
Not open to the public.
Produces Petite Syrah exclusively.
www.carversutro.com
- Casa Nuestra Winery**
963-5783 • 3451 Silverado Trail
Daily 10-5. Family winery specializing in rare varietals and unique blends. By appt.
- Castello di Amorosa**
967-6272 • 4045 St. Helena Hwy
Daily 9:30 a.m. to 6 p.m. Entrance fee inc. tasting, \$20/\$30 M-Thurs; Children 5-20, ent. fee \$10. Castle tours are \$35 per person. Upgrades available.
- Chateau Montelena**
942-5105 • 1429 Tubbs Lane
Daily 9:30-4. Tasting Fee: \$25.
Details at www.montelena.com.
- Clos Pegase Winery**
942-4981 • 1060 Dunaweal Lane
Daily 10:30-5. Open to the public. A crossroads of art and wine.
- Constant-Diamond Mountain**
942-0707 • 2121 Diamond Mtn Road
Open by appointment. Small quantities from estate cabernet sauvignon grapes.
- Cuaison Estate Wines**
942-2468 • 4550 Silverado Trail
Sun - Thurs, 11-4; Fri & Sat 10-5. Cave tour & tasting, \$35. Tours 11 am & 2 pm
- Davis Estates**
942-0700 • 4060 Silverado Trail
Open Mon-Sat 11 a.m. to 3 p.m.
By appt only; \$30 tasting fee waived with \$200 purchase. www.DavisEstates.com
- Diamond Creek**
Not open to the public.
www.diamondcreekvineyards.com
- Dutch Henry Winery**
942-5771 • 4310 Silverado Trail
Daily 10-4:30. Tasting Fee: \$25. Waived with purchase of bottle.

CALISTOGA Wineries



Dyer Vineyard
Not open to the public.
www.dyerwine.com

DYN 2880
Not open to the public.
www.dyn2880.com

Envy Wines
942-4670 • 1170 Tubbs Lane
Visit by appt. seven days a week from 10 a.m. to 4:30 p.m.

Frank Family Vineyards
(800) 574-9463 • 1091 Larkmead Lane
Daily 10-5. Tasting fee \$20, \$30 for reserve. Sparkling wines and more.

Hans Fahden Vineyards
942-6760 • 4855 Petrified Forest Rd
Tasting and tours by appointment only.

Harris Estate Vineyards
942-1513 • 225 Franz Valley School Rd.
Open by appt only. Estate vineyard producing cabernet sauvignon.

Helena View Johnston Vineyards
942-4956 • 3500 Highway 128
Open by appointment only, afternoons and weekends.

H•L•R Cellars
942-1725 • 5136 Sharp Road
By appointment only. Heller Vineyards, offering cab, merlot & proprietary blend.

JAX Vineyards
(415) 446-9505
Open by appointment only.

Jericho Canyon Vineyards
331-9076 • 3322 Old Toll Rd
Private winery welcoming a limited number of visitors by prior appointment. Cabernet Sauvignon, Sauvignon Blanc, Rose, & small lot wines.

Joseph Cellars
942-9999 • 4455 St. Helena Hwy
Cave tours & tastings by appointment.

Kelly Fleming Wines
942-6849 • 2339 Pickett Rd
Family-run winery producing Estate cabernet and sauvignon blanc. By appt only.

Kenefick Ranch Vineyard
942-6175 • 2200 Pickett Rd
Not open to the public.

Knighton Family Vineyards
Not open to the public.
Makes cabernet sauvignon exclusively.

Knights Bridge Winery
Not open to the public.
www.knightsbridgewinery.com

Larkmead Vineyards
942-0167 • 1100 Larkmead Lane
Open daily by appointment only. Historic, property producing estate cabernet, Bordeaux blends and sauvignon blanc.

La Sirena
942-1105 • PO Box 441
Tastings by appt. only. Cabernet, syrahs, dry muscat and more by Heidi Barrett.

Lava Vine
942-9500 • 965 Silverado Trail
Complimentary tasting with purchase.

Madrigal Vineyards
942-6577 • 3718 N. St. Helena Hwy.
Three generations of the Madrigal family have farmed the vineyards of the Napa Valley. Call for a tour and tasting.

Paoletti Winery
942-0689 • 4501 Silverado Trail
Fri - Sun. 11-5 Open by appointment. \$15 tasting fee. Cabernet, malbec & sangiovese.

Phifer Pavitt
942-4787 • 4660 Silverado Trail
Tastings by appointment only. \$40 tasting fee waived w/purchase of 3 bottles.

Rancho de las Flores Cellars
942-5924 • 3942 Silverado Trail
Open for tasting 11-4, near daily. \$3 tasting fee. Cabernet and Blanco from colombarid grapes.

Reverie
942-6800 • 1520 Diamond Mtn Road
By appointment only. Small, ultra-premium cabernet sauvignon winery.

Romeo Vineyards & Cellars
942-8239 • 1224 Lincoln Ave.
Patio & tasting room open daily. Sun-Tues 11-6; Wed-Sat. 11-9.

Schramsberg
942-4558 • 1400 Schramsberg Road
Tasting and tours by appointment only. Six vintage dated and two multi-vintage sparklers are produced each year.

Shypoke
942-0420 • 2882A Foothill Blvd
Producers of charbono, sangiovese and petite syrah. www.shypoke.com

Sterling Vineyards
942-3344 • 1111 Dunaweal Lane
Daily 10-4:30. Self-paced tours all day. Tasting and tour fee \$28. Take the tram to the top of the hill for breathtaking views.

Storybook Mountain
942-5310 • 3835 Hwy 128
Tasting and tours by appt. only, free with purchase. Zinfandel specialist since 1976.

Summers Estate Wines
942-5508 • 1171 Tubbs Lane
Daily 10:30-5 Standard tasting fee: \$25. Open 10-4:30 pm by prior appointment only. Call 707-942-5508 for an appointment.

Switchback Ridge
Not open to the public.
www.switchbackridge.com

Tank Garage Winery
942-8265 • 1020 Foothill Blvd (Hwy 29)
Open 10 am-5 pm. Tasting fee \$20.

T-Vine
942-1543 • 810 Foothill Blvd (Hwy 29)
Open daily for tours and tasting 10-4:30 Tasting fee \$20.

Tedeschi Family Winery
(707) 501-0668 • 2779 Grant St.
Small family winery produces handcrafted wines. Call or e-mail for VIP tasting.

Tom Eddy Winery
942-4267 • PO Box 1096
By appt. only. www.tomeddywines.com.

Tudal Winery
963-3947 • 1015 Big Tree Road
Open daily for tours and tasting by appt.

Twomey Cellars
942-2489 • 1183 Dunaweal Lane
Mon-Sat 10-5, Sun 11-5. Merlot, sauvignon blanc and pinot noir wines.

Upvalley Vintners
942-1004 • 1371 Lincoln Ave.
Open 7 days a week, 11-5. Kenefick, Hindsight, Barlow & Toffanelli wines.

Venge Vineyards
942-9100 • 4708 Silverado Trail
By appointment only.

Vermeil Wines /OnthEdge Winery
341-3054 • 1255 Lincoln Ave.
NFL coach and Calistoga native Dick Vermeil's tasting room is open daily.

Vineyard 511
511 Kortum Canyon Road
Not open to the public

von Strasser Winery
942-0930 • 1510 Diamond Mtn Road
Daily 10:30 to 4:30, call for reservations.

Wallis Family Estate
Not open to the public.
www.wallisestate.com

Work Vineyard
942-0251 • www.workvineyard.com
By appointment, call or e-mail.

Laura Michael Wines/Zahtila Vineyards
942-9251 • 2250 Lake County Hwy
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