



Mud City Weekender

ALL THINGS CALISTOGA

APRIL 2015



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Book signing for 'Frankie's Story'

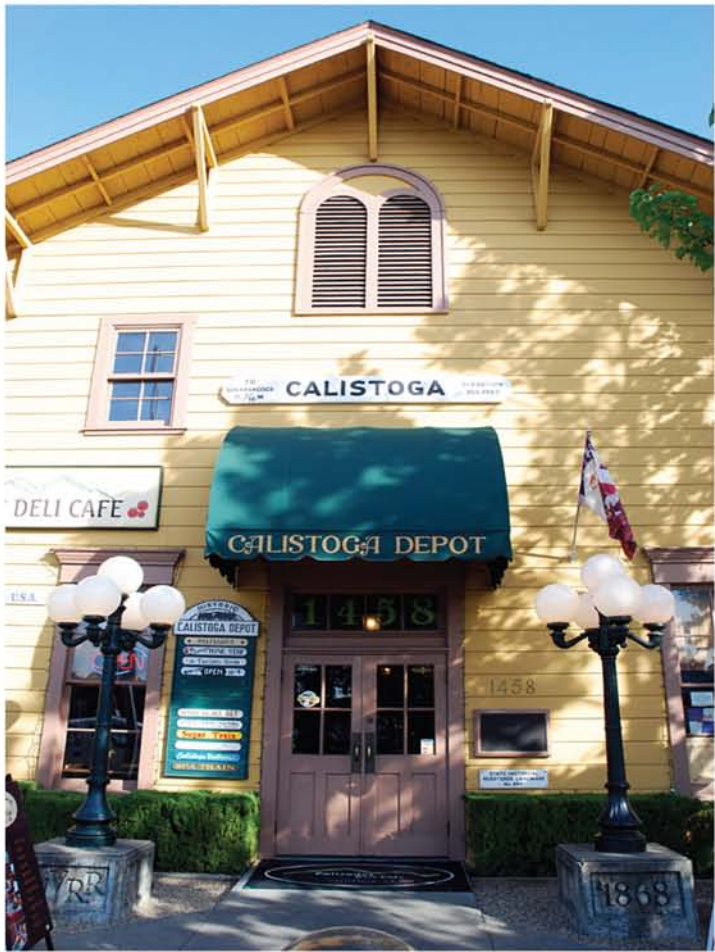
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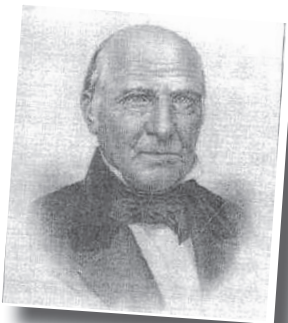
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Welcome to the Mud City Weekender, your best guide to all things Calistoga



Sam Brannan
Founder
of Calistoga

You have come to the right spot, to this town of Calistoga, if you are looking for a place to slow down, relax, put up your feet and enjoy life.

In the *Mud City Weekender* we offer you some insights into Calistoga and hope you get to know us a little bit better, through our restaurants, shops, wineries and spas. After all, isn't that what drew you here in the first place?

But remember, we're not just another stop in the wine country. We're our own unique little version of heaven, filled with local characters and quirky personalities – all of them calling out a big Calistoga welcome!

Visit our spas, wineries, restaurants and shops. Take time for the Sharpsteen Museum. Go on a hot air balloon ride and see us from the clouds. Find out why Calistoga is

a special place in our hearts as well as yours.

We started the *Mud City Weekender* almost 13 years ago to help visitors discover Calistoga during their stay here. Tired of all the slick, glossy magazines that tout Napa Valley but seem to stop short of coming this far north, we wanted to bring our town to the center of your attention by writing just about our wineries, our events, our history.

That's why not only will you find stories about wine and mud and food, but you'll find tidbits about our community and its history, too.

Small businesses keep the heart of Calistoga beating, and without them this would just be another bedroom community without that spark of life our business community brings. Thanks for coming, and come back and visit anytime. We'll be here to welcome you home.

—Pat Hampton, Publisher



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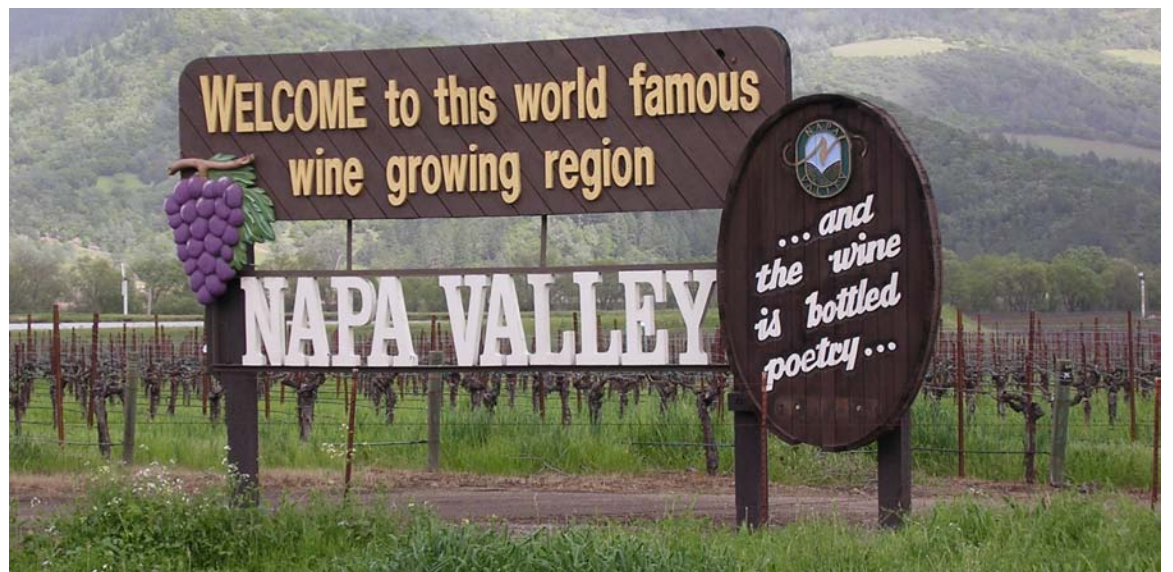
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Bee-havior:

how bees affect our world



By Christine Plant

MUD CITY WEEKENDER

“As any beekeeper will tell you, bees are the new canary in the mine of today’s agriculture,” said Jim Foster, fourth generation beekeeper. Colony Collapse Disorder (CCD) named in 2006, is when a seemingly healthy hive is abandoned and bees just disappear. It is happening across the country and around the world. Beekeepers explain why we should all be concerned about the fate of the bee population.

Bee pollination sustains a \$15 billion annual crop production in the U.S. Without bee pollination major crops such as alfalfa seed, apples, almonds, avocados, berries and many vegetables like carrots, cucumbers and onions would not produce. CCD could be blamed on several factors like global warming, air pollution, loss of habitat, but mostly the use of pesticides in agriculture. As a result a combination or any one of these factors lead to the abandoning of a once healthy hive. When a honeybee collects pollen and nectar from a habitat that is polluted then returns to the hive, the health of the hive is ultimately compromised.

Jim and Kathy Foster of Meadowmont Farm, who have been keeping bees in Kelseyville since the 1970’s, explained the family business of beekeeping. Jim’s great-grandfather Alfonso Foster began beekeeping in Idaho in 1850 and has passed his knowledge down through the generations. Jim, along with his brothers, learned at a young age how to tend the hives during summer months in Montana where they would make honey for the family business. Then the hives returned to California to spend winter in the mild climate where they were needed for spring crop pollination. “Montana is the honey production capitol, while California is all about pollination,” said Jim.

Commercial beekeepers migrate with their hives crossing the country according to the major crops requiring pollination services, which is a vital component in today’s farming industry. Bee shortage in the U.S. has increased the price of pollination services to the farmers who must eventually pass along these costs to the consumer.

A bee colony contains the queen bee, easily identified by her larger size and often marked with a white dot by the beekeeper. The male drones mate only once with the queen then die, and the female worker bees forage for nectar and pollen to feed the colony and build the waxy comb where the honey is stored to feed the hive. “The queen’s only job is to lay eggs,” said Jim. “She is responsible for contributing to the population of the bee hive making up for the daily loss of the short life span of the worker bee.” The queen lays over 1,500 eggs daily in new cells. Although a queen’s life span is approximately three years, the worker bee’s life is a mere 21 days; thus there is a constant replenishing of workers and drones in the hive.



Beekeeper Jim Foster of Meadowmont Farm continues the tradition of bee-keeping started by his grandfather Alfonso Foster in 1850 at his Idaho farm.

He goes on to explain, “As the queen’s productivity wanes as she ages, the hive will automatically make ‘queen cups’ where new virgin queens hatch. The virgin queens leave the hive to mate in flight, but only one will return to establish herself as queen of the hive. The new queen kills off any un-hatched queen larva.”

“In some instances,” his wife Kathy explains, “if there is abundant honey and pollen, they will do a swarm split. The hives splits naturally with equal number of drones and workers. Half the hive will leave with the old queen and swarm, while the young queen remains with the hive. It’s a constant cycle of reproduction.” The hive continues with a young healthy queen accepted by her drones and workers.

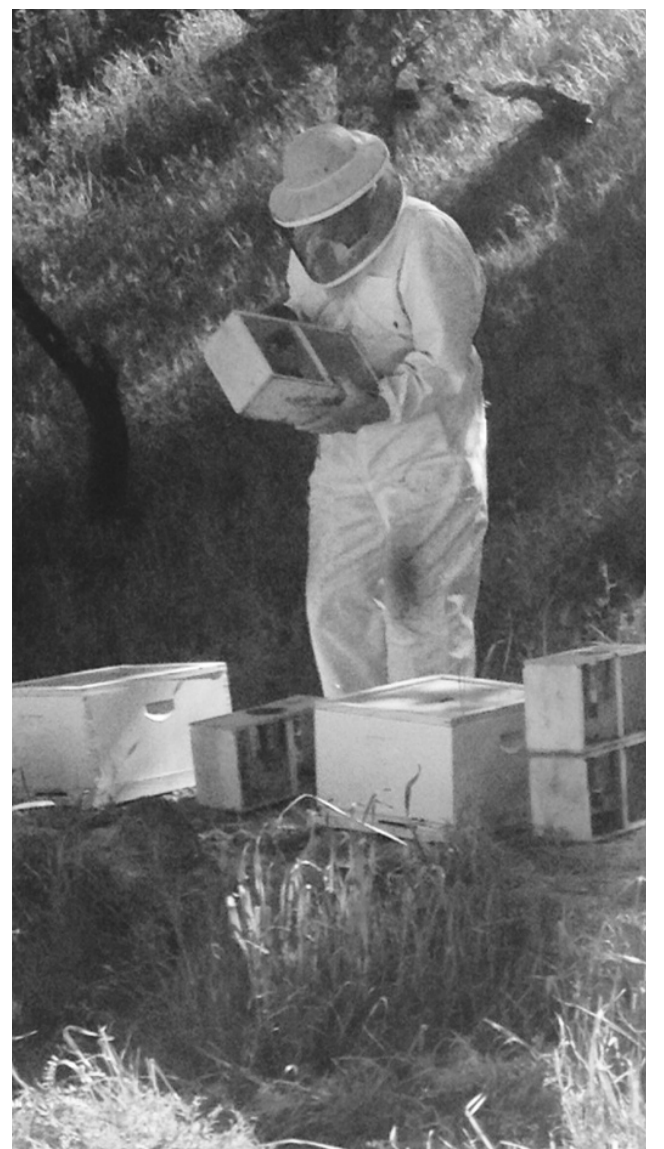
Jim’s father, Howard Foster, was the first beekeeper to ship packaged bees by air from California to Montana in 1971, pioneering the transportation of bees. Packaged bees are now shipped throughout the country by any overnight

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PHOTO BY JEFF NIEZGODA

Bees swarm looking for new home.



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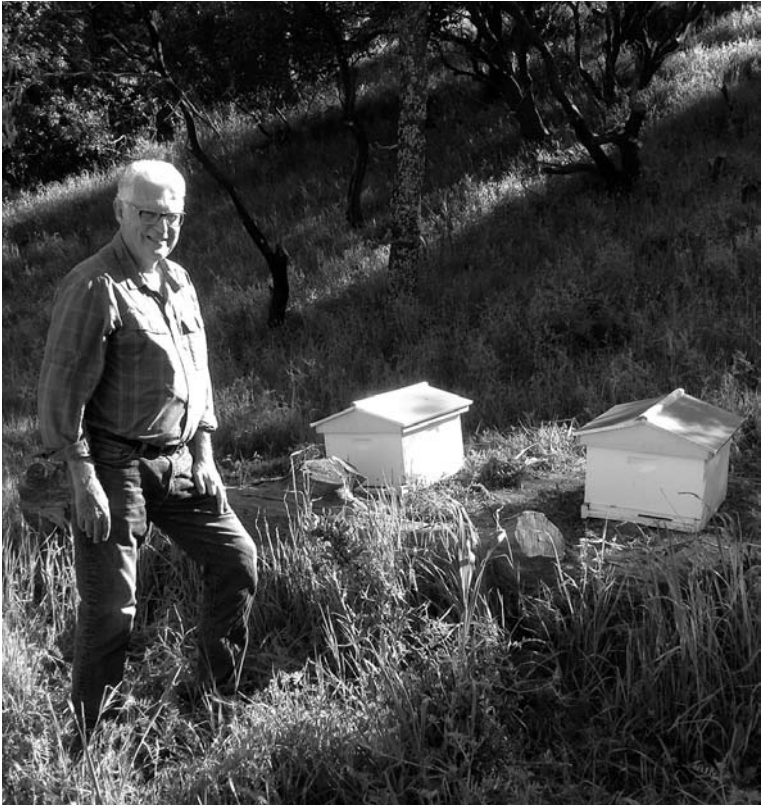


PHOTO BY CHRISTINE PLANT
Indian Springs Resort owner John Merchant checks on the four hives he brought to his property on Lincoln Avenue.



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BEES
Continued from page 5

service. “A package of bees,” describes Kathy, “is about 3lbs in weight, approximately 10,000 bees. The queen bee travels in a small separate box containing five attendants to feed and clean her. A plug of marzipan provides food during this transition. When the small queen box is placed in the new colony, the worker bees eat through it and release her into the new hive.”

In 1971 the Fosters bought part of the family business from Jim’s father and continued with the California branch of pollination, packaged bees, and queens. Today they are producers of the finest grade wild flower honey. Stand and chat with them at the local farmers markets, and you may be seduced into their sweet world.

John Merchant, who recently had four hives installed into a quite corner of the hillside at Indian Springs Resort hopes his guests will enjoy seeing them and plans to educate the passerby with a board filled with information. “I thought this would be fun for the guests,” he said gazing over at the copper topped hives. “It’ll be great to have them on the property.” Future plans were mentally forming for guests to witness the honey harvesting and visions of yogurt drizzled with Indian Springs honey.

Chefs are enthused to have their edible gardens produce an abundant crop from bee activity,

ABOUT BEES

The honey bee’s wings stroke incredibly fast, about 200 beats per second, thus making their famous, distinctive buzz. A honey bee can fly for up to six miles, and as fast as 15 miles per hour.

The average worker bee produces about 1/12th teaspoon of honey in her lifetime.

A hive of bees will fly 90,000 miles, the equivalent of three orbits around the earth to collect 1 kg of honey.

It takes one ounce of honey to fuel a bee’s flight around the world.

NV Vintners recognizes 70 restaurants that offer Napa Valley wines to diners

The Napa Valley Vintners (NVV) nonprofit trade association announced the recipients of its 2015 Wine List Awards at its quarterly membership meeting.

More than 70 local restaurants, from Napa to Calistoga, were recognized for their emphasis on serving local wines.

The meeting also featured presentations by Jot Condie, president and CEO of the California Restaurant Association, and local restaurateur Greg Cole on trends in the dining industry.

Diners are more curious than ever about the origin of the food they eat and the beverages they drink at restaurants," commented Condie. "There is also a very strong consumer interest in locally-sourced products. A recognition program like this helps diners easily identify restaurants that share their belief in the 'farm to fork/vineyard to glass' philosophy."

The NVV started its Wine List Awards program during the economic recession as a way to help bolster business and to emphasize the importance of eating and drinking locally-sourced



COURTESY PHOTO

Restaurant owners which serve mostly Napa Valley wines were honored by the Napa Valley Vintners at the group's quarterly meeting.

products. To be recognized, each award winner's wine list must feature 50 percent or 50 selections of Napa Valley wine.

"We consider members of the local restaurant community to be our partners," said Linda Reiff, president and CEO of the NVV. "Napa Valley is renowned for having some of the best restaurants in the world and we're honored to recognize those that

also feature some of the world's finest wines – especially those made right here at home by their vintner neighbors."

Each Napa Valley Wine List Award-winning restaurant receives a three-liter etched bottle to display at their business and is also promoted online and in other NVV marketing materials.

Calistoga winners included All Seasons, Brannan's Grill, Calis-

toga Inn Restaurant and Brewery, Calistoga Kitchen, Calistoga Ranch, and Solbar at Solage Calistoga.

Diners can view the list of award winners at napavintners.com and restaurants interested in learning more about being part of the program should contact the NVV at 707.963.3388.

Two day art fair at fairgrounds

April 25-26 in Tubbs Building

Art collectors and enthusiasts can experience art in every form when it all converges under one roof to create an immersive, sensory, and interactive experience at ENGAGE Art Fair April .

ENGAGE Art Fair is a two day art event taking place April 25-26, 2015 in the Tubbs Building of Calistoga's Napa County Fairgrounds.

Tickets are on sale now starting at \$20 for single day fair admission and \$30 for a weekend pass. To purchase tickets visit: <http://www.engageartfest.org/tickets-and-deals.aspx>. VIP tickets are also available.

Fusing food, wine, paintings, photography, sculptures, multimedia, installations, performers and participants alike, ENGAGE Art Fair breaks down the boundaries and barriers of traditional exhibition and compartmentalization of art into categories by blurring the lines entirely.

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Calendar

OF CALISTOGA EVENTS

April

1 WEDNESDAY

• **HICAP Counseling and Advocacy Program:** An advisor will be in Calistoga at the Family Center, 1705 Washington Street, Suite G, the first and third Wednesday of each month from 10 a.m. - 2 p.m. Do you have questions about Medicare, Supplements, Long Term Care Insurance? For questions or to make an appointment call Elena Mendez at 707-341-3185.

• **Creative Living:** We no longer meet formally at the Community Center. However we are continuing to meet informally the first Wednesday of every month at Palisades Deli Cafe, 1456 Lincoln Avenue #1. Anyone is welcome to join us for a pleasant hour of lunch and sociability.

• **Soroptimist International Calistoga:** Weekly lunch meetings from 11:30 a.m. - 12:30 p.m. at All Seasons Bistro, 1400 Lincoln Avenue. Visitors welcome. For more information contact Gayle Keller at 942-0890 or allseasonscalistoga@gmail.com.

2 THURSDAY

• **Lengthen & Strengthen:** For adults at all fitness levels with instructor Karen Mann, local Hatha Yoga/Fitness instructor. Classes every Tuesday and Thursday at the Community Center, 1307 Washing-ton Street, 10:30 a.m - noon. Fee is \$5 a class, no registration needed, drop-ins welcome. Sponsored by the city's Recreation Services. Go to www.calistogarecreation.com

• **Music, Memory and Sing-ing For Adults:** No class today.

• **Copperfield's Book Club:** The club will meets at the store, 1330 Lincoln Avenue, at 5 p.m. This month we discuss *My Sunshine Away* by M.O. Walsh, in which the author brilliantly juxtaposes the enchantment of a charmed childhood with the gripping story of a violent crime. It is an astonishing and page-turning debut about the meaning of family, the power of memory, and our ability to forgive. Members of the book club may purchase the current selection at a 25% discount. Food and beverages will be provided at the meeting. For more information about this activity,

contact Hillary Smith (Manager) at 942-1616.

• **Math Around the World:** Sponsored by Lawrence Hall of Science, Berkeley, this festival allows kids, grades 2 - 8, to take a mathematical trip around the world! Timeless games from many areas of the globe are offered to challenge students' skills and exercise their ability to focus and problem solve. Topics: Geometry, Logic and Strategy, Mental Math, Networks and Probability. Includes maps and historical information. From 6 - 8 p.m. in the cafeteria of Calistoga Elementary School, 1327 Berry Street.

3 FRIDAY

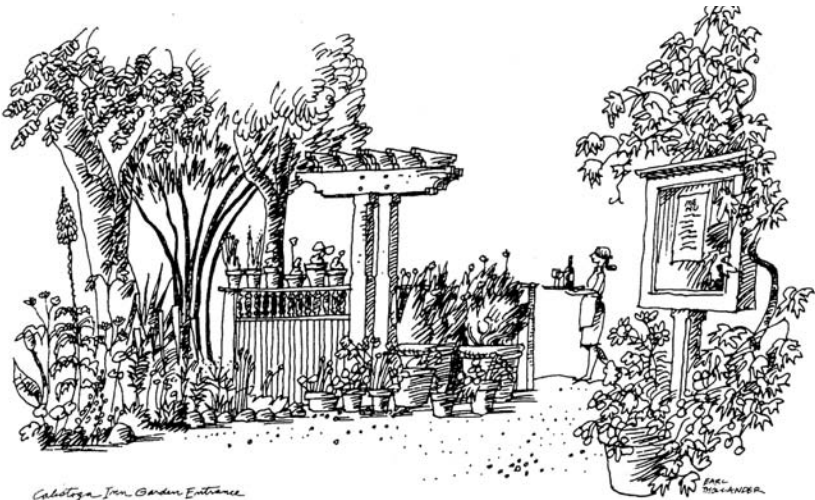
• **Passover Begins**

• **County Medi-Cal Services:** At the Family Center, 1705 Washing- ton Street, Suite G, every Friday. See March 27 listing for details.

• **Technology Training at Calistoga Library:** Please come in or call to schedule a 30-minute appointment.

• **ConverSAYtions Series:** Led by Toni Allegra (professional coach and author) and/or Jim Haslip (educator of students and teachers), this series provides an opportunity to discuss a different topic twice a month. Today the discussion is on: *Three favorite things and why.* At the

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Calistoga Community Center, 1307 Washington Street, from 10 - 11:30 a.m. Free. Drop in. For more information, call Calistoga Recreation Services at 942-2838. Co-sponsored with Rianda House Senior Activity Center.

4 SATURDAY

♣ **Calistoga Farmers Market:** Open year 'round, in the Sharpsteen Museum Plaza. .

♣ **Zumba®:** The class is held in the Calistoga Jr. High Gym (the old gym), 1608 Lake Street. See March 28 listing for details.

♣ **Lions Club Easter Egg Hunt:** At Logvy Field. Be there 9:45 a.m. Hunt starts at 10 a.m. For pre-school, kindergarten and kids in grades 1 - 4. Lots of chocolate and stuffed animals for the winners.

♣ **Pepperwood Trail Fun 101:** Have you given up on taking your kids hiking? Bring your family and learn fun activities to do on the trails with Pepperwood's Education Director Sandi Funke, and Irma Cuevas, community outdoor specialist. We'll also go over a number of easy hikes in the county using the new Sonoma County parks map as well as discuss hiking safety. The class is offered in English and Spanish with all handouts translated! The hike will be 1-3 miles at a slow pace. Children of all ages welcome but no strollers please. Meet at the Bechtel House, 3450 Franz Valley Rd, Santa Rosa. Walk is from 10 a.m. - 12 p.m. Fees: \$7.50 per participant. Go to www.pepperwood-preserve.org/ for more information and to reserve.

5 SUNDAY

♣ **Easter Sunday**

6 MONDAY

♣ **American Legion:** Meets the first Monday of each month at 6 p.m. for dinner at the Tucker Room at the Mt. St. Helena Golf Course, 2025 Grant Street. All veterans and spouses/partners welcome.

7 TUESDAY

♣ **Lengthen & Strengthen:** For adults at all fitness levels with instructor Karen Mann, local Hatha Yoga/Fitness instructor. Classes every Tuesday and Thursday at the Community Center, 1307 Washing-

ton Street, 10:30 a.m. - noon. Fee is \$5 a class, no registration needed, drop-ins welcome. Sponsored by the city's Recreation Services. Go to www.calistogarecreation.com

♣ **Sit & Spin:** The group meets Tuesdays from 3 - 5 p.m. at the Calistoga Roastery, 1426 Lincoln Avenue. We spin, knit, crochet, weave or stitch, so join us for a pleasant afternoon doing what you love. It's free and all are welcome. For more information contact Rose LeClerc at roze.leclerc@gmail.com.

8 WEDNESDAY

♣ **Soroptimist International Calistoga:** Weekly lunch meetings from 11:30 a.m. - 12:30 p.m. at All Seasons Bistro, 1400 Lincoln Avenue. Visitors welcome. For more information contact Gayle Keller at 942-0890 or allseasonscalistoga@gmail.com.

♣ **Share a Story with Juliet the Dog:** A gentle certified therapy dog who loves kids and enjoys listening to the stories they read her, will be at the Calistoga Library, 1108 Myrtle Street, the second Wednesday of each month from 3:30 - 5 p.m. Kids can sign up for a session and are welcome to bring a book from home. For more information regarding this program or other programs for kids, call 942-4833.

♣ **Adult Ceramics:** Second class of new session. See March 2 listing for details.

9 THURSDAY

♣ **Lengthen & Strengthen:** For adults at all fitness levels with instructor Karen Mann, local Hatha Yoga/Fitness instructor. Classes every Tuesday and Thursday at the

Community Center, 1307 Washington Street, 10:30 a.m. - noon. Fee is \$5 a class, no registration needed, drop-ins welcome. Sponsored by the city's Recreation Services. Go to www.calistogarecreation.com

♣ **Music, Memory and Singing For Adults:** Sponsored by Napa Valley College Community Education and Calistoga Recreation Services, this class discusses the history of music and songs, as well as providing an opportunity to sing. Instructor is Kate MacPherson, who has taught music for 25 years. Class meets at the Calistoga Community Center, 1307 Washington Street, from 1 - 2:30 p.m. Drop-ins welcome or RSVP 942-2838. Donations also welcome.

10 FRIDAY

♣ **Shelly Shows Movies:** Movie will not show tonight as it is Good Friday. However, it will show at the normal time next Friday, April 10. Movie TBA

♣ **County Medi-Cal Services:** Get help with Medi-Cal, food stamp questions, or filling out applications. A Medi-Cal worker will be in Calistoga at the Family Center, 1705 Washington Street, Suite G, every Friday from 8:30 a.m. - 4:30 p.m. to provide help. For information or appointments call Elena Mendez at 707-341-3185.

♣ **Technology Training at Calistoga Library:** Every Friday during library hours, staff will offer free technology, ebook and audiobook training. Bring your smartphones, tablets or laptops to receive basic one-on-one instruction. Computers will also be available for your use. Please come in or call to schedule a 30-

minute appointment at 1108 Myrtle Street. For more information or appointments, call library associate Daniel Cottrell at 942-4833.

♣ **Book Club:** The Book Club meets the second Friday of each month at the Calistoga Public Library, 1108 Myrtle Street, at 11 a.m. Meetings are free, open to all, reading both fiction and non-fiction. Book discussion for this month is *The Telling Room* by Michael Paterniti about? Call library associate Shelly at 942-4833 or email her at shelly.euser@countyofnapa.org for information.

♣ **Shelly Shows Movies:** Free movies on the first Friday of each month at the Community Presbyterian Church (the green church) at the corner of Third and Washington Streets. Show starts 7 p.m. Open to all. Refreshments served. This week, see "What??" with Whom??. Small blurb about. For more information, call Shelly at (707) 293-0847.

♣ **Hazardous Waste:** The city is joining with Upper Valley Disposal Services and Westamerica Bank for an e-waste collection and paper shredding event. Residents can drop off any item with a plug and/or up to 10 boxes of paper to be shredded.

Takes place in the Logvy parking lot on Saturday, April 25 from 9 a.m. to noon.

♣ **Painting Workshop:** Taught by Theo Fabian Becker, classes meet each Friday in March (6th -27th) from 9 a.m. - 12 p.m. at the Calistoga Art Center, 1435 N. Oak Street. Class fee: \$60. Bring your own supplies. Email theo.acct@yahoo.com for a supply list. Info: www.CalistogaArtCenter.org.

♣ **Acrylic Painting:** Taught by Karen Lynn Ingalls, classes meet each Friday in March (6th -27th) from 1 - 4 p.m. at the Calistoga Art Center, 1435 N. Oak Street. Begin-ning, intermediate or advanced painters - all welcome. Class fee: \$60. Bring your own supplies. Info: www.CalistogaArtCenter.org.

17 TUESDAY

♣ **USDA Food Distribution:** Provides food the third Tuesday of each month to those who meet certain requirements. Food is distributed from the Presbyterian Church hall, located at 1407 3rd Street, from 10:30 a.m. - 12:30 p.m., and again from 4 - 6 p.m. Seniors or the disabled can have food delivered to them. Call 942-6042 for more information

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In town for the weekend and looking for unique crafts and organic, local foods? Walk on downtown and check out the Calistoga Farmers Market every Saturday morning at the Sharpsteen Museum Plaza on Washington Street, across the lane from city hall, open each Saturday from 9 a.m. to 1 p.m.

Fresh, locally grown seasonal produce, vine and tree-ripened fruits and vegetables, colorful cut-flowers and nursery grown ornamental plants are part of the fare each week, although selections vary with the growing season.

Gourmet and pre-packaged food, Mediterranean deli items,

olive oils and vinegars, fresh seafood, smoked salmon, crepes, quiches and fruit pies are also known to be available.

Additionally, there is a corner for artisans to display and sell their unique and creative crafts and gift items. Most Saturdays there is live music and fresh coffee and breakfast items as well.

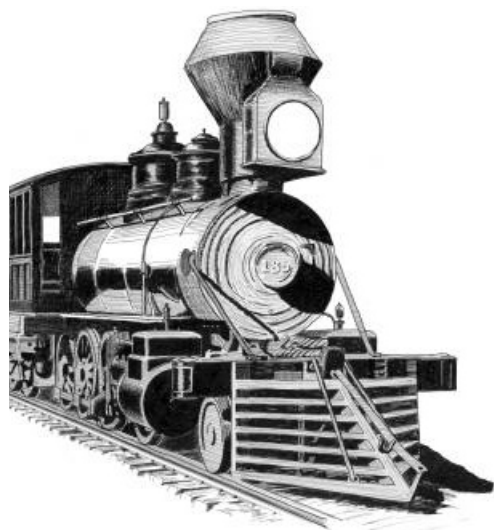


WANDER THE HISTORIC STATION, PHOTO OPPORTUNITIES ABOUND



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Built in 1868, the Calistoga Depot was the northern terminus of the Napa Valley Railroad. Besides exporting agricultural products, Calistoga imported tourists who took advantage of the skating rink, race track, mud and mineral baths, all of which were attractions promoted by a local real estate developer, Sam Brannan. Passenger service ended in 1947. In 1978, the depot was restored, along with six antique rail cars, to house a charming commercial complex.



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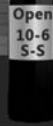
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JoLe

doors open after 7-week renovation

After a major, seven-week renovation, Calistoga's JoLe has an expanded bar, additional seating, a new bar menu designed with locals in mind, a larger wine list, and even a new entrance.

The new bar is twice the size, and JoLe now has a full liquor license. By removing a large, wood-burning oven, the restaurant has gained a dozen seats, and has a more spacious ambiance. The restaurant is open seven days a week for dinner, and this spring, for the first time, JoLe will open for lunch.

JoLe is adjacent to Mount View Hotel, and since opening in 2008, the restaurant's entrance has been in the lodging property's lobby. A new entrance on Lincoln Avenue provides easier access for customers.

Husband and wife team Matthew and Sonjia Spector sold a successful restaurant in Philadelphia, and moved to the Napa Valley seven years ago to open JoLe, which is pronounced "joe-lee," (a combination of their sons' names). Since then, Matt has won the Napa/Sonoma Starchefs award, and JoLe has become a popular destination restaurant for Napa Valley visitors. The restaurant has also built a strong local following.

"We feel reenergized by this renovation," says Matt Spector. "This is now the place we've always wanted."

The menu

JoLe continues to serve

contemporary American dishes made with seasonal, often locally sourced and organic ingredients. The menu reflects the Sectors' "Farm to Table" philosophy, and features a revolving variety of interesting soups, salads, seafood, meat entrees, vegetable dishes, and more.

Dishes are smaller than a typical entrée to give customers the opportunity to try a variety of menu items. As Matt puts it, "people can have a five-course tasting menu with wine pairing, or simply a couple of dishes and a draft beer. Whatever they're in the mood for that day."

Of course, Sonjia's pastry creations are a favorite among JoLe diners, and many go in just to see what's fresh that day. The dessert menu is seasonal and constantly updated, including homemade ice cream and sorbet. The most sought-after item is Sonjia's famous coconut cream pie (which is the only item that is never taken off the menu).

Locals are key

"We live in this great destination, and although it's driven by tourism, it's kept alive by locals," says Matt. "We have a responsibility to the people who live here to offer affordable options." Matt has added a more robust bar menu, so people can enjoy the new seating and have even more choices. Items such as a roast



Husband and wife team Matthew and Sonjia Spector sold a successful restaurant in Philadelphia, and moved to the Napa Valley seven years ago to open JoLe,



Pastry Chef Sonjia balances her time between taking care of the dessert menu at JoLe, making sure the bills get paid, and being soccer mom to the couples' two sons. Her signature dessert, the coconut cream pie has become so popular that customers refuse to let her take it off the menu. Sonjia considers herself more of a baker, than a pastry chef, and her desserts are all about the season, comfort, and a little bit of nostalgia.

See JoLe page 14

Book chronicles boy's life in SF, then journey to Napa Valley

By Kathy Bazzoli

MUD CITY WEEKENDER

On Saturday, April 18 between 11:30 a.m. – 1:30 p.m., you will have the opportunity to meet Stephanie Farrell Grohs and Lauren Coodley, local authors of “Frankie’s Journey – The Silk Road to Napa” at the Sharpsteen Museum.

Self-described in the book as simply a librarian and a historian, they are much more. They are professors, researchers and advocates on the importance of

historical education and preservation. Historians of the highest degree, they are guides into Napa Valley’s past.

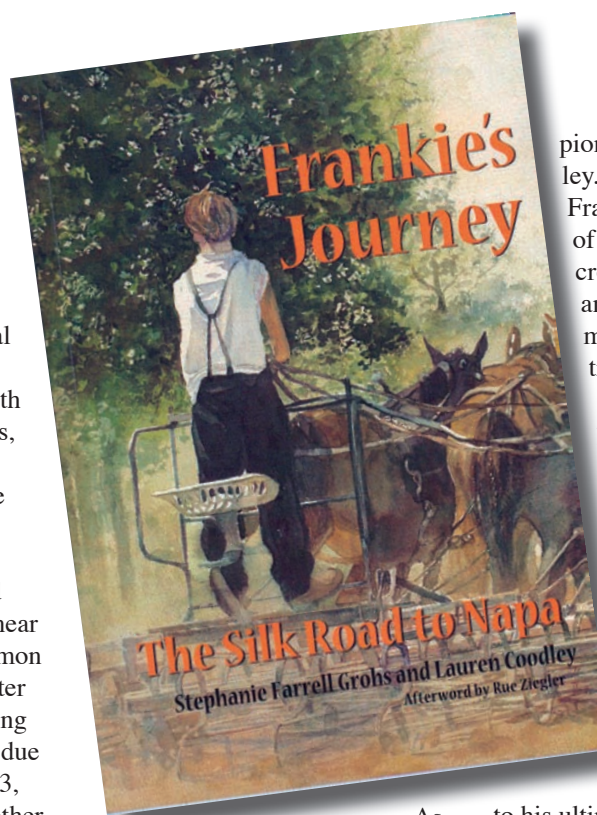
The small hero of this story is Francis Patrick O’Connell, aka Frankie, born in 1895 to Irish Catholic immigrants from Castlebreena, County Cork. Celebrating his tenth birthday, he is given the gift of a journal by Father Crowley, a man that would lead Frankie through his years to manhood. Frankie’s first journal entry is dated October 9, 1905, this is where the story begins.

Although Frankie and his family are fictional, all of the events, adventures, locations, and people

documented within these pages are real and true to historical accuracy. With the use, and discovery, of unpublished manuscripts of the era, letters and newspapers from libraries, historical societies as well as church archives of the late nineteenth and early twentieth centuries, it is easy to understand the authors’ inspiration to create this inspiring story.

Living in San Francisco, Frankie and his family lived “south of the slot”, an area near Market Street that was common for the “working folks”. After his father was injured working at the Jackson Brewery and due to his mother’s death in 1903, Frankie and his younger brother James were taken by Father Crowley to live in the Youths’ Directory on 17th and Howard Streets. The Youth’s Directory was a four-story building run by the Catholic Church, “a home for all kinds of kids, not just Irish Catholic boys like us.”

Frankie’s older sister, Fiona, was taken in by the Hittell’s, a wealthy family living near Mission Dolores who had employed Frankie’s mother.



pioneered by Father Crowley. Nervous but excited, Frankie will learn the art of farming, how to plant crops, raise cattle, pigs and chickens, and ultimately to plant Mulberry trees for making silk.

For the next five years, until Frankie is eighteen years old, we follow his thoughts, feelings and adventures. We learn what he has learned, we become the person he has grown to be. We have followed him on ships across the bay, ferries, trains, and travels on foot

to his ultimate destination.

Ever pressing forward, this young man is the epitome of self-reliance, strong character, and love of family and circumstance. Thankful for every inch put in front of him, and remaining humble, Frankie reminds us of the kind of person we should all strive to be.

This exquisitely written ac-

See next page 13

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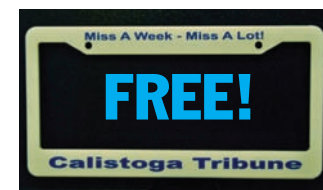
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count is filled with rare photographs, period magazine articles and maps. The afterword is written by respected Cultural Anthropologist, Rue Ziegler, Ph.D. who writes in part:

“This fictional diary of Francis Patrick O’Connell reminds us of a time when the connections between people and the land were not tyrannized by technology. Knowledge of a place, its soil, climate and inhabitants gave Frankie and his descendants a community to call home. His narrative, and the other (non-fiction) accounts that survive, witness an agrarian way of life that has largely disappeared in America and is at risk of vanishing altogether.”

Stephanie Farrell Grohs is a tenured professor and librarian at Napa Valley College. Professor Lauren Coodley is a local author with books previously published “Napa Valley Farming” (co-author Paula Amen Judah 2011), “Napa Valley Chronicles” (2013) and a biography of Upton Sinclair (University of Nebraska, 2013). Both are avid Napa Valley historians who together initiated a groundbreaking collaboration in teaching local history through a course at Napa Valley College called Napa Vallejo History.

The authors will be making a brief presentation at the onset of this event and will be available to discuss and answer any and all questions. Learn about the con-

nection to Sam Brannan, founder of Calistoga. Take advantage of their knowledge and don’t miss this event. It promises to be an opportunity not soon forgotten.

Books will be available for purchase at \$18.95 each. Museum members receive a 10% discount.

Updates:

The recently acquired Susan Reid deBoyce “Touching Star” quilt made in the 1800’s is now on permanent display at the museum. Copies of Susan’s story are also available, at no charge, simply ask the docent on duty for a copy.

Our new and rebuilt train exhibit is progressing. We are getting very, very close to completion and will make an announcement when we have a specific date. This exhibit will be bigger and better than ever, so stay tuned!

A new Special Exhibit is scheduled to open May 7. A personal collection belonging to member Irwin Herlihy and titled “Growing Up in San Francisco”. From tins dating back to the 1910’s, books, the World’s Fair in SF, pieces of the old Golden Gate bridge, to programs from Kezar Stadium and other sports related pieces, even Irwin’s first baseball glove. Learn why Irwin has been honored by the SF 49’r organization for his dedication and tenacity.

Judge rules against tribe seeking land for casino

FOR THE CALISTOGA TRIBUNE

The Napa County Board of Supervisors (BOS) hailed a federal court ruling Monday evening that keeps casino-style gaming out of Napa.

The litigation stemmed from the 1959 termination of the Alexander Valley Rancheria, which was located in Sonoma County.

A modern day group claiming to be descendants of Mishewal Wappo Indians of Alexander Valley sued the federal government in 2009 seeking status restoration and placement of unidentified Napa County lands into federal trust, exempting such lands from all local and state regulations.

U.S. District Court Judge Edward Davila agreed with arguments previously made by Napa and Sonoma counties, and also advanced by the federal government, that the Wappos waited 40 years too late to bring their lawsuit when the statute of limitations is only six years.

Since 1968, Napa County has been on the forefront of planning for the preservation of agricultural lands and residents have spent vast amounts of time and energy to protect the agriculture preserve

while tracts of farmland in other parts of the Bay Area have been urbanized.

“The end result of this ruling is very important because it ensures local lands continue to be protected and upholds the agricultural preserve and watershed lands that we hold so dearly,” said BOS Chair Diane Dillon. “It also makes certain that the voice of Napa County residents is heard and their years of efforts are not dismissed.”

Had the tribe been successful in its suit, land in Napa County would have been placed into federal trust, exempting it from all local and state regulations.



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PHOTO BY LAUREN ANDERSEN

JoLe has expanded its seating area and bar, and is open after seven-week renovation.

JoLe

Continued from page 13

pork sandwich, smoked trout sandwich, brandy shrimp, and duck liver mousse are available at the bar.

The bar menu is available each night an hour longer than the regular menu, in part to accommodate others in the hospitality industry who may get off work late. The Spector's have also built a refrigerated wine room and have doubled the wine list.

Sonjia Spector sums up the revitalized restaurant. "It's still a mom and pop place – family owned, and we're here all the time. It's also a comfortable, fun

restaurant with an interesting, innovative menu and a welcoming atmosphere."

JoLe Restaurant is located at 1457 Lincoln Avenue (the main street of downtown Calistoga). The restaurant is open for dinner seven days a week. Hours are Sunday-Thursday, 5-9 p.m. (bar menu is available 4-10 p.m.), and Fridays and Saturdays, 5-11 p.m. (bar menu 4-11 p.m.). Lunch hours will soon be added.

For reservations, people can visit jolerestaurant.com, OpenTable.com or call 707-942-5938. Facebook users can see images of the remodel, or stay on top of the latest news at facebook.com/jolerestaurant.



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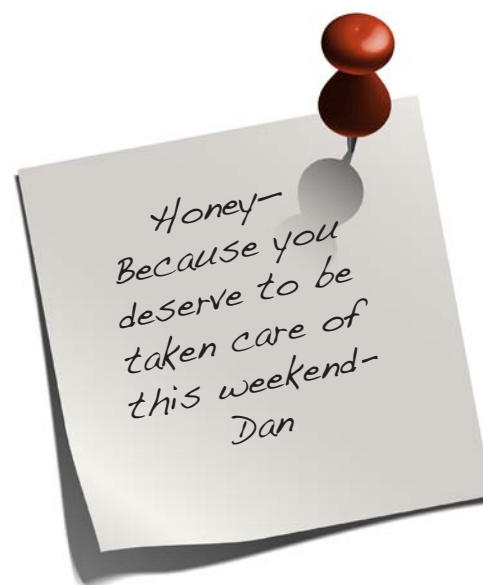
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SEASONS in the Vineyard

April: Vines show thick clusters of new leaves. Crews remove tiny shoots so only vital vegetation is left. White wines are released. Blending for red varietals begins. Frost is a threat.

May: Bloom and set occur; fruit is vulnerable to frost. Only the strongest shoots are left on vines; focus is on producing fruit, not vegetation. Chardonnay blending begins.

June: Growers are busy with leaf and shoot removal, which gives the grapes adequate exposure to sunlight. Wineries are bottling Chardonnay and Sauvignon Blanc.

July: Vines are full of tight green, pea-sized berries. Veraison - green grapes soften and turn yellow or red. Red wines are blended back into tanks and bottled to make room for the next harvest.

August: Some fruit clusters are removed to provide optimum flavor development. Chardonnay and Pinot Noir harvest begins for sparkling wines. All equipment is serviced and readied for harvest.

September: Harvest of white grapes begins, soon followed by reds. Grapes are picked in the cool morning hours. Many wineries return the stems, seeds and skins to the vineyards to use as a compost.

October: Harvest slows by the end of the month. Red grape fermentation start with cold soaks in stainless steel tanks. Pump-overs or cap punching take place until fermentation is complete, then the juice is pressed off and sent to barrels.

November: Stirring of barrel fermentation. Chardonnay continues to keep fermentation going until complete.

December: Vines enter their dormancy period. Pre-pruning begins. First red wines are tasted and evaluated.



January: Vines are dormant. Crews are pruning and setting trellis systems. Red wines are racked and/or moved from tank to barrel.

February: Pruning and vine preparations are complete. Sprinkler systems and wind machines are ready for frosty spring mornings.

March: Growing season is officially underway with bud break - a stage when vine buds crack open and small shoots emerge. This is the beginning of the new crop.

Early settlers tapped valley's potential for growing grapes

Wild grapes certainly grew in abundance in early Napa Valley, but it took settler George Calvert Yount to tap the area's potential for cultivating wine grapes. Yount built one of the homesteads in the area and was the first to plant Napa Valley grapes in 1839. Soon after, other pioneers such as John Patchett and Hamilton Walker Crabb helped introduce the first vitis vinifera grapes to the area.



Yount

Charles Krug is credited with establishing Napa Valley's first commercial winery in 1861. His success and leadership sparked a wave of new growth, and by 1889 there were more than 140 wineries in operation, including Schramsberg (founded in 1862), Beringer (1876) and Inglenook (1879).

By the turn of the 20th century the industry saw prices plummet amidst a sea of surplus grapes, and the arrival of phylloxera dealt vintners a stunning blow as more than 80% of the valley's vineyard acreage fell victim to the destructive root louse. An even greater threat to the Napa Valley wine industry arrived in 1920 with the enactment of Prohibition. Vineyards and wineries were abandoned over the next 14 years with only a handful of wineries continuing to operate by producing sacramental wines.

With the repeal of Prohibition in 1933, Napa Valley's wine industry began its slow recovery. During this time, John Daniel Jr., resurrected Inglenook, Georges de Latour re-established

Beaulieu Vineyards (BV), Louis M. Martini built his winery and the Mondavi family purchased Charles Krug Winery. Andre Tchelischeff, a Russian émigré working in France, came to Napa Valley to work for BV and became one of the great figures and mentors in the history of Napa Valley wine.

The early 1940s marked an important point in Napa Valley's history when these early vintners realized they would be more successful working together than on their own. In 1944, seven vintners signed the agreement of association that formed the Napa Valley Vintners trade association, now nearly 500 wineries strong.

The prominence of Napa Valley wine on the world stage is largely due to the efforts of local vintners during the last 50 years. People like Robert Mondavi, Napa Valley's greatest marketer, fully embodied the collective spirit and camaraderie that gave rise to the valley's success and quality.

If a single event can be credited with putting Napa Valley on the map, it was the Paris Tasting of 1976. This blind, comparative tasting pitted Cabernet Sauvignon and Chardonnay from California against the best wines of Bordeaux and Burgundy in a blind tasting. When the tasting was done, the judges had given top honors to Chateau Montelena Chardonnay and Stag's Leap Wine Cellars Cabernet Sauvignon. Napa Valley would never be the same. - Napa Valley Vintners

SHARPSTEEN MUSEUM

PRESENTS
MEET THE AUTHORS
Saturday, April 18
11:30 - 1:30

Frankie's Journey
The Silk Road to Napa
Stephanie Farrell Grohs and Lauren Coodley

Don't be late, or you'll miss the special presentation where you'll learn about the connection to Sam Brannan and his aspirations for making silk in Calistoga.

The Sharpsteen Museum is proud to host Stephanie Farrell Grohs and Lauren Coodley, authors of "Frankie's Journey - The Silk Road to Napa". An exquisitely written story based on the discovery of unpublished manuscripts, letters and newspapers from libraries, historical societies, and Catholic Church archives of the late nineteenth and early twentieth centuries. Lavishly illustrated with period magazine articles, rare photographs and maps, the reader is carried into the heart of the story, the story of a young Irish Catholic boy as he struggles with loss and life's lessons. The authors "have written and illustrated a rich, engaging, and surprising story. One hundred years ago, alongside long-gone wine grapes growing in the Napa Valley, mulberry trees were raising silk worms. *Frankie's Journey: The Silk Road to Napa* is a lovely and lovingly crafted tapestry of a boy's journey from the golden city of San Francisco to the fertile valleys of Northern California, and back, at the turn of the last century. The earth moves, a boy grows, silk spins, love blooms - this story will delight readers of all ages." -Amy Novesky, award-winning author

Books will be available to purchase for \$18.95 each. Members receive a 10% discount. Autographs are free!

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TOURING CA'TOGA



Carlo Marchiori's breathtaking Ca'toga home is available for tours each Saturday at 11 a.m. He reopens the doors for tours after the winter hiatus in May 2014.

It is a house and grounds like no other, this remarkable Palladian style masterpiece we know as Ca'toga, the home of world-renowned artist Carlo Marchiori.

Tours of the home and grounds are given every Saturday at 11 a.m. from May through October.

Call 942-3900 for ticket information and reservations.

SHARPSTEEN MUSEUM

If you're a history buff, or just want to find out a little more about



The Sharpsteen Museum houses exhibits on the history and people of the Calistoga area. Open 11 a.m. to 4 p.m. daily at 1311 Washington Street across from City Hall.

how this spa resort town came into being, your visit has to include a stop at the Sharpsteen Museum, one of Calistoga's best self-tours.

Docents are on hand to explain the artifacts and displays as well as the wonderful dioramas that depict Calistoga at the end of the nineteenth century.

You can find the museum at 1311 Washington Street. Open every day from 11 a.m. - 4 p.m. except Thanksgiving and Christmas. Admission is free, although donations are accepted.

Don't forget to stop and browse in the museum's gift shop. It is full of books and mementos of the past sure to please any discerning reader or shopper.

Good selection of women in the old West books as well as history of the Napa Valley. You'll also enjoy the selection of doorstops, china tea cups, and "antiques" on sale.

BALE GRIST MILL PARK



Bale Grist Mill State Historic Park is four miles south of Calistoga. Open Friday, Saturday, Sunday and Monday from 10 a.m. to 5 p.m., a small entry fee is collected in the gift shop on weekends by volunteer staff.

Open from 10 a.m. to 5 p.m. weekends, visit the Bale Grist Mill State Historic Park four miles south of Calistoga on Highway 29. Built in 1846, the Old Bale Mill has been restored to operating condition complete with its 36-foot wooden waterwheel. On weekends you can buy freshly ground cornmeal, whole-wheat flour and other gifts in the mill's store.

You can walk along the History Trail from the mill to Bothe Napa Valley State Park, a mile and a half north, and visit the Native American Plant Garden next to the visitor center.

Bothe-Napa Valley State Park also has hiking trails and picnic grounds which are open to the public. The 50 campsites are now open to the public because of new agreements between the state and a local non-profit. Amenities include restrooms and hot showers, picnic sites, and a summer swimming pool.

Call 942-4575 for more information.

OLD FAITHFUL GEYSER



Old Faithful Geyser of California is on Tubbs Lane just north of town.

A tourist destination for more than 100 years, Calistoga's Old Faithful Geyser of California continues to draw people from all over the world to witness its natural eruptions of hot mineral water.

In years past, visitors arrived by horse and buggy, on foot or in Model-T's. Now you can drive into the parking lot yourself at 1299 Tubbs Lane.

Shooting 60 feet into the air for three or four minutes, the 350 degree water comes from an underground river, and is heated as it flows over a bed of hot magma. The geyser eruptions average about 30 to 40 minutes apart.

Open daily from 8:30 a.m. to 6 p.m., admission is \$14 for adults, \$12 for seniors, \$8 children 4-16.

PETRIFIED FOREST



Call ahead for a guided nature walk on Saturday or Sunday at Petrified Forest, 4100 Petrified Forest Rd.

See giant redwoods turned to stone after being uprooted and covered by volcanic ash from eruptions that happened 3.4 million years ago. Picnic area, walking trails, and a gift shop and museum. About six miles west of Calistoga at 4100 Petrified Forest Road.

Call ahead to reserve space on Meadow Walk at 11 a.m. Saturdays and Nature walks at 11 a.m. Sundays. Admission \$10 for adults, \$9 for seniors and Juniors 12-17, \$5 children 6-11. Call 942-6667 for information and tour reservations. Young kids need a break from being inside?

PIONEER PARK

Take them to the city's prettiest play area, Pioneer Park on Cedar Street. Large, grassy shade areas for adults to sit and talk, fenced playground with jungle gym equipment for youngsters.

Public bathrooms on site, pets on leashes okay and alcoholic beverages are allowed in the park as well. BBQ and picnic tables available. The year-round Napa River flows next to the park. It's a nice place to cool off in summer, but do not let children play in water without adult supervision.

R. L. STEVENSON STATE PARK

Hiking to the summit from Robert Louis Stevenson State Park gives our outdoor visitors a breathtaking view of the Bay Area. Open during daylight hours only, the trail to the west climbs to the summit of Mt. St. Helena, the trail to the east goes to the cliffs of the Palisades. No restrooms or water are available, so go prepared and plan for sudden changes in the weather.

Take Highway 29 towards Middletown, and you'll see the parking lots on the right and left sides of the highway about seven miles from Calistoga.

CALISTOGA BALLOONS



Calistoga Balloons, the only hot air balloon company that will float you over the northern Napa Valley or Calistoga in the early morning hours.

The fact that the Calistoga end of the valley has less fog than the lower part of the valley is a flying advantage for Calistoga Balloons. The colorful balloons are launched from various sites in Calistoga. Launch time is usually near sunrise.

Most people simply don't want the balloon to return to earth. But when your feet do touch the earth again, Calistoga Balloons offers champagne brunch at Michelin one star Solage restaurant after your flight. For more information on an adventure you won't soon forget, call Calistoga Balloons of Napa Valley at 942-5758.

Places to go, things to see, stuff to do...

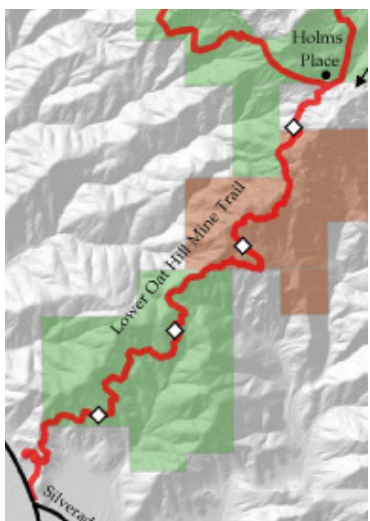
MUD BATHS & MASSAGE



Slow down, relax. Whether it's a mud bath or massage or facial or foot rub, you can find what you're looking for at Calistoga's selection of fine spas.

Wellness is the focus of Calistoga's heart, and local treatments are fashioned to give you the best experience possible, but you have to be an active participant! There are almost a dozen spas in town, so check them all out to find the one best suited for your needs. With mud baths, facials, aromatherapy, salt scrubs, steam baths, mineral pools, herbal wraps and other treatments offered, you'll find something to make you feel relaxed and rejuvenated again.

OAT HILL MINE HIKING/BIKING



The 8.3 long Oat Hill Mine Trail follows the original route between Calistoga and the western end of Aetna Springs Road in Pope Valley.

Construction of the Oat Hill Mine Road was started in 1873 to provide a transportation route between Calistoga and the quick-silver mines in the Palisades. It took 20 years to complete the project and the road was officially opened in 1893. Much of the road was constructed by Chinese laborers; hand-laid stone walls are visible at many locations along the trail.

Today the 8.3-mile-long Oat Hill Mine Trail follows the original route between Calistoga and the western end of Aetna Springs Road in Pope Valley. The trail provides a magnificent recreational experience for hikers, mountain bicyclists and equestrians. The Calistoga trail head is at the junction of Silverado Trail and Lake Street where on-street parking is available. Take lots of water, as there is no drinkable water on the trail. Stay safe.

CASTELLO DI AMOROSA



Castello di Amorosa is just south of town, where it took 15 years to build this authentic replica of an 11th century medieval castle.

The Castello di Amorosa has five towers and ramparts, 107 rooms on eight levels, all built over 15 years from antique materials and nearly 8,000 tons of stone. Regular tours are \$33 per person and tasting is \$18 per person. No reservations are needed for tasting five of the castle's wines. Reservations for tours are required, so call ahead at 967-6272. Children of all ages are welcome at the castle, and those 5 years and older are welcome on

tours (\$7 fee). The castle is at 4045 North St. Helena Highway. Open seven days a week, it is a remarkable achievement of medieval architecture just minutes from Calistoga.

PARADE LOVIN' CALISTOGA



The totally world famous Calistoga Lighted Tractor Parade draws thousands of gawkers each December.

We'll have a parade here at the drop of a hat, it seems, and that means more fun for us and for our town's visitors.

The *Silverado Parade* celebrates July 4 during the Napa County Fair. Floats, music, cars, organizations and colorful characters make this the biggest Fourth of July parade in the county. This year's theme for the parade and four-day fair is *Celebrate!*

The annual *Halloween Parade* has been a fall highlight for more than 60 years, and is always, always on Oct. 31. Hundreds of boils and ghouls line up by age to come down Lincoln Avenue at 6 p.m. before enjoying a costume contest and Haunted Carnival at the Community Center.

Not the end of our seasonal parade calendar, the *Calistoga Lighted Tractor Parade* blinks its way through downtown on the first Saturday in December, as we pay tribute to our agricultural roots with as many tractors, old trucks, backhoes, and old fire trucks we can decorate with working lights and music. Great fun for the entire family.

The Lighted Tractor Parade starts at 7 p.m., giving visitors

plenty of time for dinner before or after the parade in one of our fine eateries.

A little more locally focused but still drawing sidewalk supporters are the annual *Calistoga High School Homecoming Parade* in November and the *Our Lady of Guadalupe Parade* each Dec. 12.

But then again, we don't need much encouragement to have a community parade!

SHOPPING AND MORE SHOPPING

You can tell there's a lot to do in Calistoga from spa treatments to bicycle rides, wine tasting and dining out, hiking Oat Hill Mine Road or enjoying live concerts.

But we can't let another paragraph go by without mentioning the extraordinary selection of retail shops waiting to invite you inside. We have art galleries, men and women's resort wear shops, books and kitchen items, consignment shops, and a bookstore for reading the next Michael Connolly mystery poolside.

Walking down Lincoln Ave. reveals the range of retail shops you will enjoy during your visit.



Calistoga is home to a vibrant shopping district downtown.

HOLIDAY VILLAGE

Returning for 2015 is the Calistoga Chamber of Commerce's



Holiday Village is a weekend-long celebration of all things Calistoga.

festive Holiday Village celebration with the annual Community Christmas Bazaar, Breakfast with Santa, downtown shopping, and the almost-world famous Calistoga Lighted Tractor Parade. Go to www.VisitCalistoga.com for more information.

NAPA COUNTY FAIR & FIREWORKS



Kids will find a variety of carnival rides at the annual Napa County Fair at the local fairgrounds on North Oak Street.

Napa County Fair's on-going theme is "Celebrate!" on July 4 at the fairgrounds on North Oak Street in Calistoga.

Stick around for the annual Silverado Parade on July 4 as thousands celebrate red, white and blue. Best fireworks show in the county at the grandstands on July 4 as part of fair admission following the grandstand show.

More places to go, things to see, stuff to do...



Take Lake County Highway to Middletown to try your luck at Twin Pine Casino, just 20 minutes from downtown Calistoga.

TWIN PINE CASINO & HOTEL

Where is California's newest and most exciting casino/hotel/restaurant destination?

It's just a short 15-mile drive north from Calistoga over scenic Mount St. Helena on Highway 29 – Twin Pine Casino & Hotel. There you'll find hundreds of the latest and most popular slots, and table games like Blackjack and Texas Hold'em Poker. You'll also enjoy live entertainment Thursday through Sunday – and all shows are free!

The Manzanita Restaurant (reservations at 707-987-1200) is renowned for its fine cuisine and extensive wine list. The Grapevine Bar & Lounge is a smoke-free environment and full-service bar featuring a large selection of wines and mixed drinks, beer on tap, and five big-screen high-def TVs.

Twin Pine's new hotel, (707) 987-0297, is an excellent choice for deluxe accommodations at modest prices with 60 non-smoking rooms to choose from.

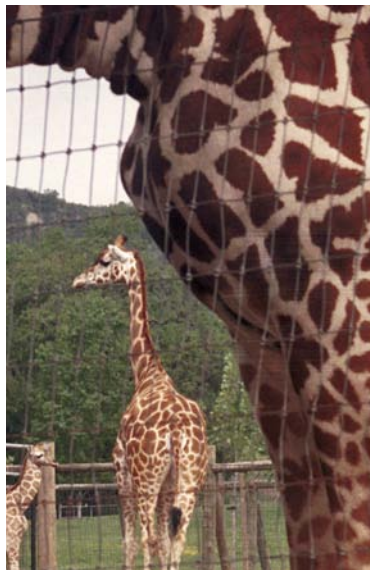
Want more? How about a unique wine-tasting room featuring the region's best award-winning wines, and a gift shop with great wine accessories, beautiful jewelry, clothing, glassware and its own broad selection of California wines.

Twin Pine Casino & Hotel is open 24/7. For more information call (800) 564-4872 or go to TwinPine.com.

SAFARI WEST

Explore the entire 400 acres of Safari West in a three-hour adventure led by one of their highly experienced guides in an open-air, authentic safari vehicle. Tours are offered at 9 a.m., 10 a.m., noon and 4 p.m. spring and summer, time changes in fall. Safari Tour prices are adults \$78; children 3-12 \$32, children 1-2 \$15. Arrive at least 15 minutes before the safari is scheduled to leave. Advanced reservations are required for all visits.

The experience includes a drive through the 12-acre Extreme Africa exhibit, where guests will be at one with the wild, observing giraffe, gazelle, scimitar-horned oryx, ostrich and other species of African antelope all living together. In one area you may find a cape



Giraffes, zebras, and more await the adventurous at Safari West.

buffalo and a zebra enjoying a refreshing break at the nearby watering hole.

Safari West Adventure drives are 2½ to 3 hours long and best suited for children over the age of 3 years old and may be uncomfortable for pregnant women.

Call (707) 579-2551 for more information.

MOUNT ST. HELENA GOLF COURSE

Mount Saint Helena Golf Course, "a diamond in the rough," is located on the grounds of the Napa County Fair with the entry



"A Diamond in the Rough," the nine-hole par 34 public Mt. St. Helena Golf Course at the fairgrounds is open seven days a week, 7 a.m. to dusk.

off Grant Street.

The golf course facility, a 9-hole/18-hole layout, par 34 (2,759 yards) is open 7 days a week, 7 a.m. to dusk (closed 4th of July week). Course rates are: Weekdays \$20/\$28, Senior Citizens \$20/\$28. Weekends and holidays \$24/\$34; Senior citizens \$20/\$28. Power cart rentals are \$10/\$13 per person. For the Pro Shop, call Kelly Hart at 942-9966.

BIKING AROUND



Contact the Calistoga Chamber of Commerce for a "Bike Napa Valley" map for tips and resources.

Napa County, with its varied terrain, beautiful scenery and mild weather is an ideal place to bicycle

for transportation and recreation. Travel between towns is not as easy on a bike because of distances, limited transit connections, and roads with motor vehicle traffic.

The Oat Hill Mine Road at the north end of town is a popular off road bike trail also used by hikers. Use common sense and courtesy when biking in town or on the rural roadways.

FARMERS MARKET



Every Saturday from 9 a.m. to 1 p.m., the Calistoga Farmers Market is open for business year-round.

The Calistoga Farmers Market is open every Saturday between 9:30 a.m. and 1 p.m. year-round in the parking lot next to the police department on Washington Street. Visitors can also visit the neighboring Sharpsteen Museum.

Enjoy organic and natural produce from area farmers who bring vegetables, fruit, flowers, arts and crafts to the fair. Food and live music or entertainment. Morning coffee and walk-away breakfast treats also available for purchase.

SPRINT CAR RACES

When it comes to history and prestige, few tracks on the West Coast offer more than Calistoga Speedway and on Friday and Saturday, April 11-12, the picturesque half-mile will roar to life as the World of Outlaws Sprint Car

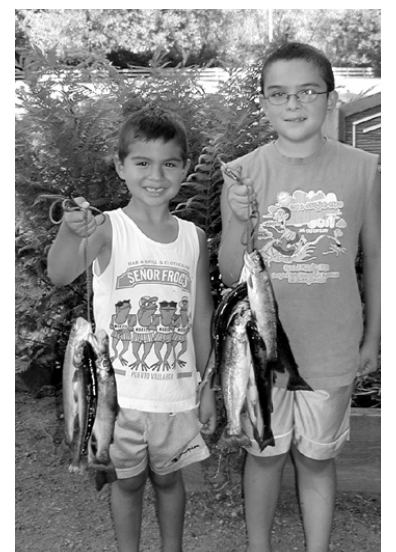


The King of the West Sprint Car Races are scheduled for April 11-12.

Series take over Wine Country. Labor Day Weekend, Sept. 4, 5, 6, brings the eighth annual Louie Vermeil Memorial Classic for wingless cars and midgets sponsored by USAC/CRA.

Call 942-5111 for information or go to www.calistogaspeedway.org for ticket prices and seating chart.

TROUT FISHING



The whole family will enjoy fishing at Smith's Trout Farm in Knights Valley.

Looking for something to do that the whole family will enjoy?

Then a visit to Smith's Mount St. Helena Trout Farm and Hatchery might be in order. Smith's is located seven miles up Ida Clayton Road in Knights Valley just north of Calistoga.

Smith's Mount St. Helena Trout Farm and Hatchery is open Saturday and Sunday from 10 a.m. to 5 p.m. from March through October. Cost for the day depends on the size of trout you catch, which varies from \$2 for a six inch trout to \$7 for an 11-inch trout. For more information call (707) 987-3651.

COMMUNITY POOL



The Calistoga Community Pool will open through Oct. 20 to locals and guests looking for a place to swim.

Decades in the making, but a beautiful result of community effort, the Calistoga Community Pool will open for the pre-season April 7 to May 9 and Spring Season from May 10 to June 6.

The pool is open to the public on a first come, first served basis. On hot days directors do expect to reach capacity and will not allow any additional patrons into the facility until others leave. Admission prices are: Calistoga Youth (2-17), free; Seniors (55+), \$3; Adults (18+), \$5; Water Aerobics/Arthritis Adult, \$5; Water Aerobics/Arthritis Senior, \$4; and Stroke Clinics, \$10;

Daily Fees for Non-Residents are: Youth (2-17), \$3; Seniors (55+), \$5; Adults (18+), \$6; Water Aerobics/Arthritis Adult, \$8; Water Aerobics/Arthritis Senior, \$6; and Stroke Clinics, \$15.

The pool is located at 1401 North Oak Street. Call 942-2846 for more information.

VETERANS MEMORIAL

The Calistoga Veterans Memorial



The Calistoga Veterans Memorial is at Logvy Community Park.

at Logvy Community Park commemorates those who have served in the nation's armed forces. Dedicated in 2009, the memorial includes over 300 bricks inscribed with the names of local veterans and family members as well as marble columns dedicated to the five branches of service.

Veterans Day and Memorial Day services, sponsored by the American Legion and local scout groups, are held at the memorial while Memorial Day services are held at both Logvy Park and Pioneer Cemetery on Foothill Boulevard. Pioneer Cemetery was deeded to the city of Calistoga in 1936 and contains over 500 graves.

LIVE MUSIC, ENTERTAINMENT



Concerts in the Park began Thursday, June 26 at Pioneer Park on Cedar Street.

Calistoga is known as the live music town of upper Napa Valley, with music a part of the community's fabric, especially in the spring and summer when the

weekly Concerts in the Park happen at Pioneer Park every Thursday from 6:30 p.m. to 8:30 p.m. from June 25-Aug. 27.

Thriving nightlife scene includes live music every weekend Brannan's Grill and Hydro Grill & Bar from spring through fall. The Christian music event "Rock of Ages" is also held in October at the fairgrounds.

For more music event information, go to the chamber website at calistogavisitors.com.

CULINARY CLASSES

If you are a foodie, there are adventures ahead for you! Check out the local B&B's which offer cooking classes along with their overnight stay packages.

Down the road the famous Culinary Institute of America holds public cooking demonstrations at 1:30 p.m. on the weekends for \$20 per person. Call 707-967-2320 for reservations and info.

CALISTOGA ART CENTER



The Calistoga Art Center offers classes for all ages.

The Calistoga Art Center was formed in 2002 by community members and art enthusiasts to expand and enrich the arts in the Napa Valley through education, experience, awareness and involvement.

The Calistoga Art Center is in the Cropp Building on North Oak Street at the fairgrounds.

Programming in the visual arts, ceramics, painting, drawing, photography, graphic, and textile arts is available.

Call 942-2278 or go to www.calistogaartcenter.org for more information and class schedules.

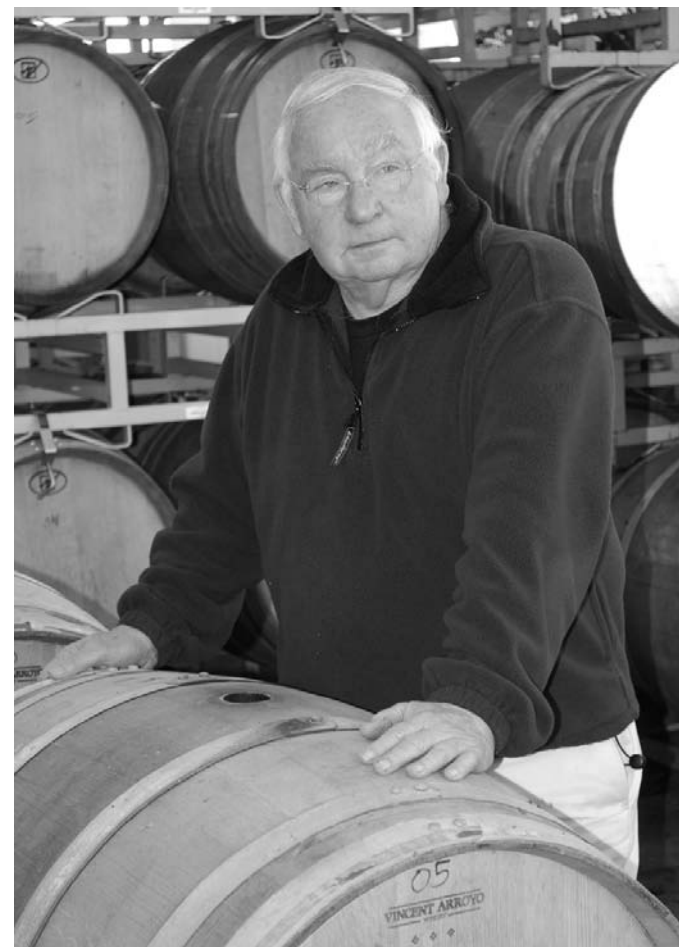


PHOTO BY CHICK HARRITY

*"Take what you have
and do the best you
can with it."*

— VINCENT ARROYO

Vincent Arroyo's winemaking style is the embodiment of his philosophy about his land. "Take what you have, and do the best you can with it." Each wine at the winery is hand-crafted, starting from before the grapes are harvested.

The wines produced at the Vincent Arroyo

Winery have put a star on many Napa Valley maps as a place that shouldn't be missed. His signature wine, still Petite Sirah, has become so popular that it often sells out before it is bottled every year.

Once you have tasted the wines, you'll know why. And once you've visited the winery, you'll know why no one leaves without a smile on their face.

Come see us today. Just call for a tasting appointment, we're waiting to say hello and pour you a glass.



VINCENT ARROYO WINERY
2361 GREENWOOD AVENUE
CALISTOGA • 942-6995

su | do | ku

© Puzzles by Pappocom

5	3		8		1			
				3				9
		6						3
			4	2		8		5
2								1
8		9		6	7			
7						5		
9				1				
			5		8		9	4

MEDIUM

3

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9. That means that no number is repeated in any row, column or box.

– See Answers, if you must, to puzzles on Page 7

Solution, tips and computer program at www.sudoku.com

Wine Harvest Wordsearch

C	H	A	M	P	A	G	N	E	C	L	U	S	T	E	R	S	S	R	I
W	I	N	E	C	A	V	E	S	W	I	N	E	R	Y	L	A	Y	E	E
I	S	Y	N	U	U	I	U	S	H	E	R	X	I	R	B	D	E	N	R
N	E	S	A	V	C	T	G	S	L	E	V	E	L	R	A	G	U	S	A
E	P	R	L	N	O	E	T	E	L	T	A	S	R	V	L	S	E	E	L
M	A	R	M	A	N	S	L	A	C	N	A	P	A	V	A	L	L	E	Y
A	R	H	A	A	T	O	V	L	A	L	X	N	E	A	V	W	L	H	T
K	G	H	X	G	L	E	D	N	A	F	N	I	Z	G	A	D	P	C	M
E	F	A	R	L	E	B	I	R	A	R	Y	L	R	E	S	A	E	S	V
R	L	R	I	G	E	E	R	R	A	G	M	B	O	R	D	E	A	U	X
A	A	V	H	A	D	E	V	D	A	H	M	A	T	T	E	T	E	T	D
L	A	E	P	V	W	A	H	E	Y	V	C	M	S	O	P	N	C	R	M
L	H	S	E	I	G	N	I	L	K	R	A	P	S	T	L	S	A	O	E
E	U	T	N	N	N	E	H	E	V	P	O	D	L	B	E	R	B	A	L
C	E	O	L	E	E	O	B	E	I	X	D	W	A	S	I	R	E	O	E
E	E	N	W	Y	S	L	T	S	S	T	H	E	W	T	V	L	R	M	L
N	S	S	S	A	A	R	I	D	L	I	A	P	I	C	K	I	N	G	E
I	E	D	P	R	R	I	E	A	T	A	M	S	X	G	N	E	E	X	S
W	I	B	N	D	C	R	W	E	T	L	S	R	L	H	V	E	T	W	N
L	E	I	W	S	M	E	S	F	L	A	V	O	R	S	C	R	U	S	H

4 Letters
BRIX
REDS

5 Letters
CRUSH
PINOT

6 Letters
GRAPES
MERLOT
WHITES
WINERY

7 Letters
FLAVORS
HARVEST
PICKING

8 Letters
BORDEAUX
CABERNET
CLUSTERS

9 Letters
CHAMPAGNE
SPARKLING

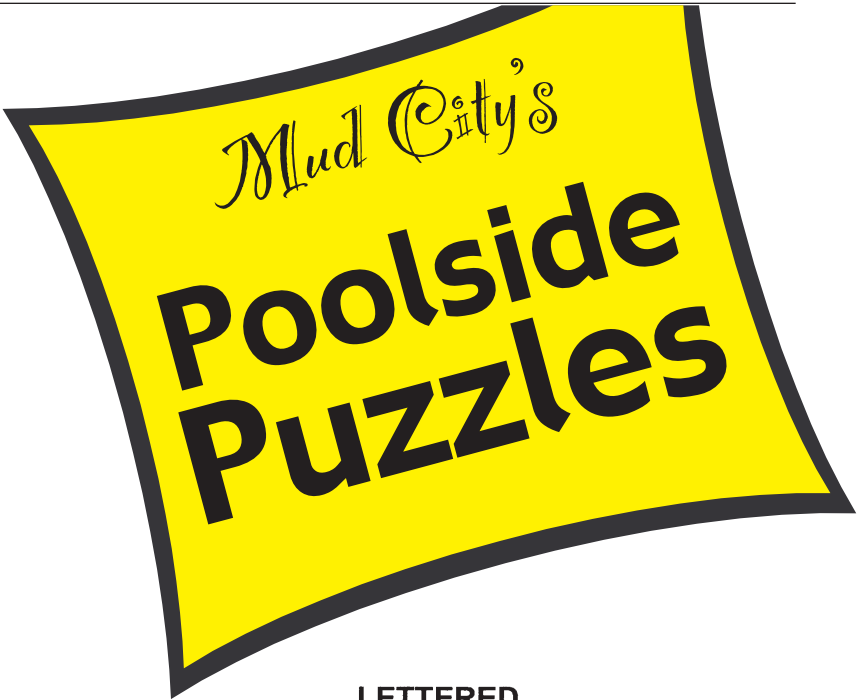
VARIETALS
VINEYARDS
WINECAVES
WINEMAKER
ZINFANDEL

10 Letters
CHARDONNAY
NAPAVALLEY
WINECELLAR

11 Letters
SUGARLEVELS

12 Letters
CELLARMASTER

Listed to the left and above are many of the words used during this busy harvest season up and down the Napa Valley. Mark them off as you find them in the wordsearch above. The names are in the puzzle, printed either vertically, horizontally, or diagonally. See if you can find all of those listed — let the kids help!



LETTERED

1	2	3	4	5		6	7	8	9	10		11	12	13
14						15						16		
17					18							19		
20					21				22		23			
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27	28	29					30						31	
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			45						46					
47	48						49				50	51	52	53
54					55		56				57			
58					59						60			
61					62						63			

COPLEY NEWS SERVICE

By Charles Preston

ACROSS

- 1 In the lead
- 6 Strikebreakers
- 11 Cribbage piece
- 14 ___ diem
- 15 Gem weight
- 16 Gob
- 17 Gilbert and Sullivan opus
- 19 ___ was saying . . .
- 20 Villa d' ___
- 21 Afore
- 22 Wore a smile
- 24 Church recess
- 26 Mme Curie
- 27 Arboreal Australian marsupials
- 30 Supervisors
- 32 Brownish-yellow
- 33 Ghastly
- 34 Go one better
- 36 Got: abbr.
- 37 Trig function
- 38 A ___ a minute
- 39 Ms. Sothern
- 40 City on the Rhine
- 41 One of Columbus' three
- 42 Cut
- 44 Tarry

DOWN

- 45 Civil wrongs
- 46 "___ Fan Tutte"
- 47 Do electrical work again
- 49 Monk
- 50 Do in
- 54 Ab ___: from the beginning
- 55 Taxpayers' nemeses
- 58 Knightly title
- 59 Macabre
- 60 It's sometimes wild
- 61 Moose
- 62 Clown's perch
- 63 Passion

- 13 Lattice
- 18 Loch ___
- 23 Goal
- 25 Duffer's dream
- 26 Edible mushroom
- 27 Sen. Kennedy's daughter
- 28 Portents
- 29 It carries Jeopardy
- 30 Joined
- 31 Nick, of films
- 33 Comes in second
- 35 Bosc
- 37 British statesman John
- 38 Clergyman
- 40 Goose and blue
- 41 Omicron followers
- 43 "___ Che Sapete": Mozart aria
- 44 Laundry unit
- 46 Vinegar bottle
- 47 Stood
- 48 Immoral
- 49 Get an F
- 51 Noisy
- 52 Sacramento arena
- 53 Flanders river
- 56 ___ Lanka
- 57 Ms. Lupino

Uncorking fun wine facts

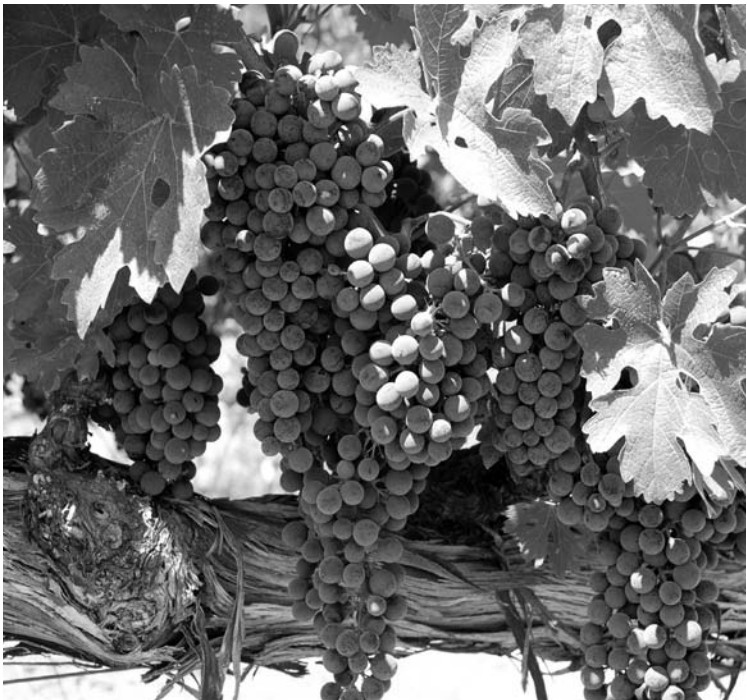
Napa Valley’s rare diversity of microclimates is ideal for growing fine wine grapes.

While Cabernet and Chardonnay are the most widely planted wine grapes, the Napa Valley holds many surprises for wine lovers looking for varieties off the beaten path.

Here are the most popular varietals planted in the valley:

Cabernet Sauvignon is the acknowledged “king” of red grapes in Napa Valley. Some Napa Valley Cabernet vines from the 19th century are still producing, but most were replanted in the last 20 years. Cabernet Sauvignon is a complex grape; its character can emerge as black currants, green olives, herbs, bell peppers or combinations of these with mint and leather. These wines age beautifully. When young they are best matched with robust red meat dishes; older Cabernets are superb accompaniments to roasts and steaks, and also complement many cheeses.

Chardonnay is among the most widely planted grape variety in Napa Valley. In France, the



great white Burgundies are made from the Chardonnay grape and Napa Valley labels have repeatedly won wine-tasting competitions against them, even in France! Napa Valley makes several types of Chardonnay, ranging from fresh, crisp wines to rich, complex wines with layers of flavors. With such a wide range of

styles, Napa Valley Chardonnays accompany a variety of dishes, from simply prepared seafood to lighter red meats.

Merlot has long been available in Napa Valley. Traditionally used as a blending wine, Merlot gained popularity in the early 1970s. Wines made from Merlot show lovely cherry-like aromas with hints of their sibling Cabernet’s herbaceousness. Because Merlot’s tannins are softer than those found in Cabernet, the wines are drinkable at an earlier age than most Cabernets. At the same time, Merlots reward aging by gaining finesse and complexity much as Cabernets do. Serve Merlot with any dish that calls for Cabernet or try it with lighter meats such as pork or veal.

Pinot Noir has been called the fickle grape variety because it makes some of the world’s best wines (Burgundian red) but is also one of the most difficult grapes both to grow and vinify. In France, these wines are exceptional only a few years in a decade. In California it has taken decades to make truly great Pinot Noir, and much progress has been made in the last eight to 10 years. Pinot Noir is less tannic and has less pigment than Cabernet and Merlot, so the wines are somewhat lighter. They can be very drinkable at two to five years of age and the best will improve for several years after that.

Sangiovese is an Italian varietal that has gone from cult status to full-blown success in the ‘90s. Napa Valley produces Sangioveses that are often ready to enjoy upon release. With hints of cherries, black tea and spice these wines enhance a wide variety of foods. Certainly with an array of creamy dishes and cheeses, mushrooms and game, this wine says mangia! In the mouth, Sangiovese is usually lighter than Cabernet, yet more full-bodied than its French cousins such as Gamay and can be as comfortable at a well-set table as at a picnic.

Sauvignon Blanc grapes make wines that appear under two names: Sauvignon Blanc and Fumé Blanc (a regional French nickname is “blanc Fumé”). These wines are increasingly popular as they have a distinctive character, often described as fruity with a touch of herbaceousness, and very good acidity. As with Chardonnay, you will find a range of styles — those that are crisp and “grassy” and others that have a ripe pineapple richness augmented by an oak bouquet. Because of their acidity, Sauvignon Blanc and Fumé Blanc are very enjoyable with shellfish and seafood.

Zinfandel, one of California’s most versatile and friendly grape varieties, was the mainstay of 19th century winemaking. Much of the world’s Zinfandel acreage is planted in the Napa Valley. This varietal is vinified as a light, easy-drinking red and a heavier, richly flavored version that rewards bottle aging, as well as a white or “blush” wine. With such a range of wine types, there is a Zinfandel for just about every wine enthusiast and for every imaginable food.

Rhone Varietals, chiefly Syrah among the reds and Viognier among whites, and Italian Varietals, chief among them, Sangiovese, as well as Barbera and Dolcetto, are increasingly popular.

For more information on the Napa Valley’s history of grapegrowing and winemaking, go to www.napavintners.com



- One barrel of wine equals roughly 20 cases, which equals 1200 glasses.
- A ton of grapes makes about 720 bottles of wine, or 60 cases.
- One vine annually produces between four and six bottles of wine, or between 20 and 30 glasses.
- Each bottle of wine contains about 2.8 pounds of grapes; therefore each 5-ounce glass of wine contains a little over half a pound of grapes.
- There are between 15 and 45 clusters of grapes per vine.
- One acre of land is home to between 900 and 1,300 vines.

Wine Bottle Quiz

Can you name these different wine bottle sizes?

This big daddy holds 36 bottles of wine

This momma holds 2 cases of wine

This giant holds 20 bottles of wine

This big baby holds 16 bottles of wine

This bottle holds a standard case

This size holds 8 750-ml bottles

Holds 4 750-ml bottles

Magnum

Bottle

Half Bottle

Piccolo/Spill/Pony

Holds 2 bottles of wine

Bottle, holds 750 ml of wine

Holds half a bottle

Holds 1/4 a bottle

Goliath

Solomon

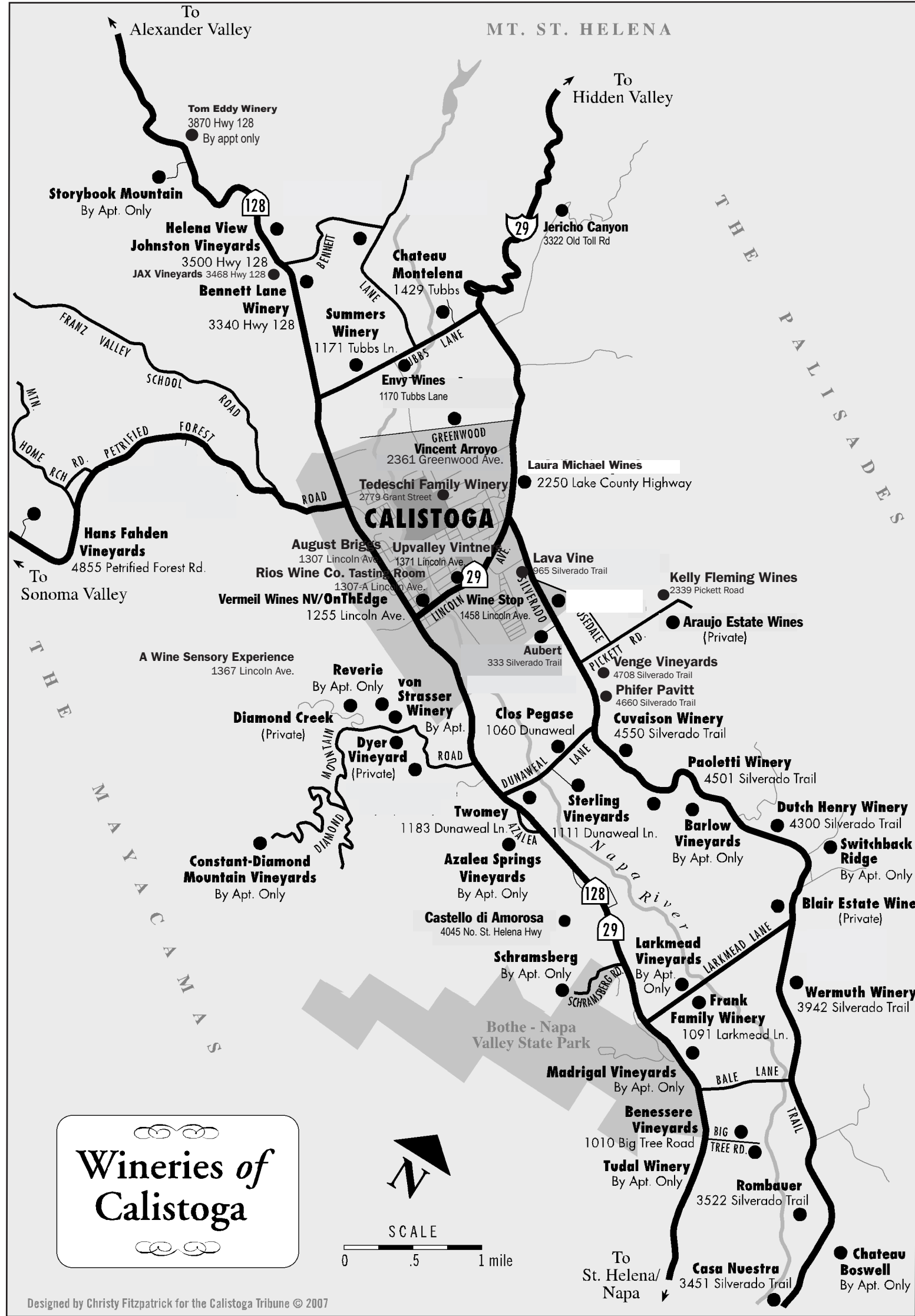
Nebuchadnezzar

Balthazar

Salambazar

Methuselah

Jacobson



- Araujo Estate Wines**
Not open to the public.
www.araujoestate.com
- Arroyo Winery**
942-6995 • 2361 Greenwood Ave.
Mon. – Sun. 10-4:30. Open by appointment, call ahead. Renowned for its petite sirah.
- Aubert Wines**
942-4333 • 333 Silverado Trail
Limited tasting appointments.
Call winery for details.
- August Briggs Winery**
942-4912 • 1307 Lincoln Ave.
Open Sun-Thurs, 11-5; Fri & Sat 11-7
Tues by apt only. Call ahead.
- Azalea Springs Vineyards**
963-1999 • 4301 Azalea Springs
Not open to the public.
- Barlow Vineyards**
942-8742 • 4411 Silverado Trail
By appointment only. 100% varietal cabernet, merlot and zinfandel wines.
- Bennett Lane Winery**
942-6684 • 3340 Highway 128
10 to 5 daily. Crush tours during harvest, barrel tastings, chocolate and red wine pairings every Saturday.
- Carter Cellars**
(707) 445-0311 • 1170 Tubbs Lane
Open by appointment, call ahead.
- CarverSutro**
Not open to the public.
Produces Petite Syrah exclusively.
www.carversutro.com
- Casa Nuestra Winery**
963-5783 • 3451 Silverado Trail
Daily 10-5. Family winery specializing in rare varietals and unique blends. By appt.
- Castello di Amorosa**
967-6272 • 4045 St. Helena Hwy
Daily 9:30 a.m. to 6 p.m. Entrance fee inc. tasting, \$20/\$30 M-Thurs; Children 5-20, ent. fee \$10. Castle tours are \$35 per person. Upgrades available.
- Chateau Montelena**
942-5105 • 1429 Tubbs Lane
Daily 9:30-4. Tasting Fee: \$25.
Details at www.montelena.com.
- Clos Pegase Winery**
942-4981 • 1060 Dunaweal Lane
Daily 10:30-5. Open to the public. A crossroads of art and wine.
- Constant-Diamond Mountain**
942-0707 • 2121 Diamond Mtn Road
Open by appointment. Small quantities from estate cabernet sauvignon grapes.
- Cuvaision Estate Wines**
942-2468 • 4550 Silverado Trail
Sun - Thurs, 11-4; Fri & Sat 10-5. Cave tour & tasting, \$35. Tours 11 am & 2 pm
- Diamond Creek**
Not open to the public.
www.diamondcreekvineyards.com
- Dutch Henry Winery**
942-5771 • 4310 Silverado Trail
Daily 10-4:30. Tasting Fee: \$25.
Waived with purchase of bottle.
- Dyer Vineyard**
Not open to the public.
www.dyerwine.com

CALISTOGA Wineries



DYN 2880

Not open to the public.
www.dyn2880.com

Envy Wines

942-4670 • 1170 Tubbs Lane
Visit by appt. seven days a week
from 10 a.m. to 4:30 p.m.

Frank Family Vineyards

(800) 574-9463 • 1091 Larkmead Lane
Daily 10-5. Tasting fee \$20, \$30 for
reserve. Sparkling wines and more.

Hans Fahden Vineyards

942-6760 • 4855 Petrified Forest Rd
Tasting and tours by appointment only.

Harris Estate Vineyards

Not open to the public.

Helena View Johnston Vineyards

942-4956 • 3500 Highway 128
Open by appointment only, afternoons and
weekends.

H•L•R Cellars

942-1725 • 5136 Sharp Road
By appointment only. Heller Vineyards,
offering cab, merlot & proprietary blend.

JAX Vineyards

(415) 446-9505
Open by appointment only.

Jericho Canyon Vineyards

942-9665 • 3322 Old Toll Rd
Open by appointment, closed Sundays.
Sauvignon blanc and cabernet.

Joseph Cellars

942-9999 • 4455 St. Helena Hwy
Cave tours & tastings by appointment.

Kelly Fleming Wines

942-6849 • 2339 Pickett Rd
Family-run winery producing Estate cab-
ernet and sauvignon blanc. By appt only.

Kenefick Ranch Vineyard

942-6175 • 2200 Pickett Rd
Not open to the public.

Knighton Family Vineyards

Not open to the public.
Makes cabernet sauvignon exclusively.

Knights Bridge Winery

Not open to the public.
www.knightsbridgewinery.com

Larkmead Vineyards

942-0167 • 1100 Larkmead Lane
Open daily by appointment only. Historic,
property producing estate cabernet, Bor-
deaux blends and sauvignon blanc.

La Sirena

942-1105 • PO Box 441
Tastings by appt. only. Cabernet, syrahs,
dry muscat and more by Heidi Barrett.

Lava Vine

942-9500 • 965 Silverado Trail
Complimentary tasting with purchase.

Madrigal Vineyards

942-6577 • 3718 N. St. Helena Hwy.
Three generations of the Madrigal family
have farmed the vineyards of the Napa
Valley. Call for a tour and tasting.

Paoletti Winery

942-0689 • 4501 Silverado Trail
Fri - Sun. 11-5 Open by appointment.
\$15 tasting fee. Cabernet, malbec &
sangiovese.

Phifer Pavitt

942-4787 • 4660 Silverado Trail
Tastings by appointment only. \$40 tasting
fee waived w/purchase of 3 bottles..

Rancho de las Flores Cellars

942-5924 • 3942 Silverado Trail
Open for tasting 11-4, near daily. \$3
tasting fee. Cabernet and Blanco from
colombard grapes.

Reverie

942-6800 • 1520 Diamond Mtn Road
By appointment only. Small, ultra-premi-
um cabernet sauvignon winery.

Romeo Vineyards & Cellars

942-8239 • 1224 Lincoln Ave.
Patio & tasting room open daily. Sun-Tues
11-6; Wed-Sat. 11-9.

Schramsberg

942-4558 • 1400 Schramsberg Road
Tasting and tours by appointment only.
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942-0420 • 2882A Foothill Blvd
Producers of charbono, sangiovese and
petite syrah. www.shypoke.com

Sterling Vineyards

942-3344 • 1111 Dunaweal Lane
Daily 10-4:30. Self-paced tours all day.
Tasting and tour fee \$28. Take the tram to
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Storybook Mountain

942-5310 • 3835 Hwy 128
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purchase. Zinfandel specialist since 1976.

Summers Estate Wines

942-5508 • 1171 Tubbs Lane
Daily 10:30-5 Standard tasting fee: \$15.
Tours & other options available, call for
info. Email or call for appt. Email sales@
summerswinery.com

Switchback Ridge

Not open to the public.
www.switchbackridge.com

Tank Garage Winery

942-8265 • 1020 Foothill Blvd (Hwy 29)
Open 10 am-5 pm. Tasting fee \$20.

T-Vine

942-1543 • 810 Foothill Blvd (Hwy 29)
Open daily for tours and tasting 10-4:30
Tasting fee \$20.

Tedeschi Family Winery

(707) 501-0668 • 2779 Grant St.
Small family winery produces handcrafted
wines. Call or e-mail for VIP tasting.

Tom Eddy Winery

942-4267 • PO Box 1096
By appt. only. www.tommeddywines.com.

Tudal Winery

963-3947 • 1015 Big Tree Road
Open daily for tours and tasting by appt.

Twomey Cellars

942-2489 • 1183 Dunaweal Lane
Mon-Sat 10-5, Sun 11-5. Merlot, sauvi-
gnon blanc and pinot noir wines.

Upvalley Vintners

942-1004 • 1371 Lincoln Ave.
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Zacherle, Barlow & Toffanelli wines.

Venge Vineyards

942-9100 • 4708 Silverado Trail
By appointment only.

Vermeil Wines /OnthEdge Winery

341-3054 • 1255 Lincoln Ave.
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Vineyard 511

511 Kortum Canyon Road
Not open to the public

von Strasser Winery

942-0930 • 1510 Diamond Mtn Road
Daily 10:30 to 4:30, call for reservations.

Wallis Family Estate

Not open to the public.
www.wallisestate.com

Work Vineyard

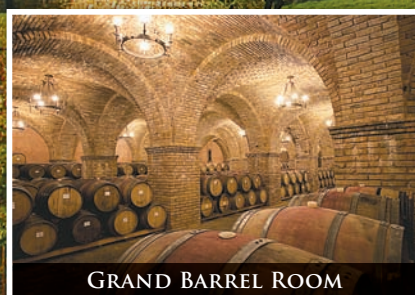
942-0251 • www.workvineyard.com
By appointment, call or e-mail.

Zahtila Vineyards

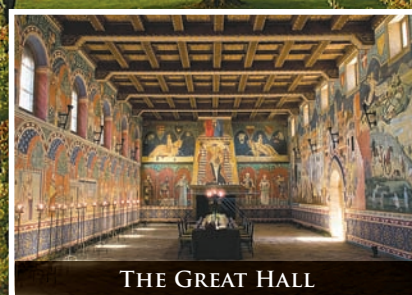
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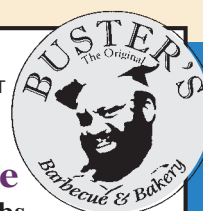
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