

Start Date _____

Get Clients NOW!™ Tracking Worksheet

Name _____

Weather Report (1-10 scale)																				
Me																				
My Body																				
Success Ingredients (% done)																				
1																				
2																				
3																				
Daily Actions (Y/N)																				
1																				
2																				
3																				
4																				
5																				
6																				
7																				
8																				
9																				
10																				
Total (# of 10)																				
Program Goal (% of target)																				
Special Permission? (Y/N)																				