



A Tradition of Stewardship  
A Commitment to Service

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**FOR IMMEDIATE RELEASE**

**September 8, 2017**

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**Free Flu Vaccine Clinics in Napa County**

*Flu shots and prevention behaviors will protect community health*

NAPA – Napa County Public Health will offer free seasonal flu vaccine shots to anyone over three years of age. This year the flu mist (spray) is not available.

CITY	DATE	TIME	LOCATION
Yountville	Wednesday, Sept. 20	10 a.m.— 1 p.m.	Yountville Community Center 6516 Washington Street
Napa	Sunday, Sept. 24	10 a.m. — 2 p.m.	Binational Health Fair 3285 Claremont Way
Napa	Wednesday, Oct. 4	10 a.m. — 1 p.m.	Napa Senior Center 1500 Jefferson Street
Lake Berryessa	Monday, Oct. 9	11 a.m.— 1 p.m.	Berryessa Senior Center 4380 Spanish Flat Loop Road
American Canyon	Wednesday, Oct. 11	3 p.m.— 6 p.m.	Multi-Use Center 2185 Elliot Drive
St. Helena	Wednesday, Oct. 18	3 p.m.— 6 p.m.	St. Helena Elementary School 1325 Adams Street
Napa	Monday, Oct. 23	3 p.m.— 6 p.m.	Napa Elks Lodge 2840 Soscol Avenue
Angwin	Monday, Oct. 30	10 a.m.— 1 p.m.	Angwin Fire Department 275 College Avenue
Napa	Wednesday, Nov. 1	3 p.m.— 6 p.m.	McPherson Elementary 2670 Yajome Street
Calistoga	Wednesday, Nov. 8	3 p.m.— 6 p.m.	Calistoga Fairgrounds, Butler Pavilion 1435 N. Oak Street

“Although the spray version of the vaccine is not available this year, the flu shot is still the safest and most effective way to avoid getting the flu,” said Dr. Karen Relucio, Napa County Public Health Officer. “In addition to protecting yourself from getting sick, the vaccine can prevent you from spreading the flu to your loved ones and other people who are more likely to have severe illness.”

The Centers for Disease Control and Prevention (CDC) recommend everyone over six months of age get a flu vaccine. Those at higher risk for complications of the flu, including seniors over 65 years, pregnant women, children under five years and people with certain chronic medical conditions, are especially encouraged to get vaccinated.

In addition to getting vaccinated, simple steps to help stop the spread of the flu:

- Wash hands often with soap and warm water for at least 30 seconds.
- Cover coughs and sneezes with a tissue or sleeve.
- Stay home and contact health care providers when sick.

For additional information, including the full schedule of seasonal flu vaccine clinics, visit the Napa County Public Health flu vaccine clinic page or call the flu line at (707) 253-4540 for 24/7 recorded bilingual information.

Residents unable to attend the flu vaccine clinics or with children less than three years of age can call the Public Health Immunization Clinic at (707) 253-4270 for a free appointment.

*The Board of Supervisors and staff of Napa County are dedicated to preserving and sustaining Napa County for present and future generations as a community with generous open space, a thriving agricultural industry and a quality human and natural environment.*

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