

LABOR AND DELIVERY SKILLS CHECKLIST

Name _____

Pg 1 of 2

When completing this checklist, please indicate your level of proficiency in each area according to the scale below. Place a check mark in the column to the right which best describes your expertise with each skill. The scale is as follows: 1. Have not performed 2. Intermittent experience 3. Competent

ANTEPARTUM

1 2 3

1. Knowledge and ability to perform:
 - A. Non-stress testing
 - B. Post date testing.....
 - C. Versions.....
 - D. Post-date Proslin.....
 - E. CST
 2. Nursing role in performing triage.....
 3. Criteria for admission
 4. Starting IV
 5. Infusion pumps
 6. Intracaths
 7. Drawing of blood.....
 8. Assessment of patient in labor.....
 - A. Status of membrane.....
 - B. Contraction characteristics
 - C. Dilation.....
 - D. Effacement
 - A. Vaginal exam.....
 - B. Sterile speculum exam.....
 9. Fetal assessment.....
 - A. Interpretation of fetal monitoring patterns ..
 - B. Determine fetal position
 - C. Fetal stress test
 10. IV Medications - mixing, administer
 - A. Antibiotics
 - B. Antihypertensives
 - C. Heparin
 - D. Magnesium Sulfate
 - E. Oxytocin
 - F. Narcotics.....
 - G. Pitocin.....
 - H. Ritodrine
 - I. Insulin Drips
11. Coaching and breathing
 12. Perineal prep

- B. Forceps delivery
- C. Vacuum extraction
- D. Emergency delivery.....
- E. High risk delivery.....
2. C-Section
 - A. Circulate
 - B. Scrub
 - C. Work with OB tech
 - D. Abdominal prep.....
 - E. Fetal scalp blood sampling
 - F. Placement of IPC.....
3. Assessment and pain management
4. Assist with:
 - A. Anesthesia
 - B. IV conscious sedation.....
 - C. Anesthesia toxicity
 - D. Epidural block
 - E. Fluid challenge
 - F. Body positioning.....
 - G. Dural puncture
5. Care of patient with:
 - A. Abruto placenta.....
 - B. Diabetes Mellitus
 - C. Drug addiction/withdrawal
 - D. Eclampsia.....
 - E. HIV.....
 - F. Infectious disease.....
 - G. Malpresentations.....
 - H. Multiple gestation
 - I. Placenta Previa
 - J. Pre-eclampsia.....
 - K. Pregnancy induced hypertension
 - L. Premature labor.....
 - M. Rh incompatibility
 - N. Sickle Cell Enemia
6. Computer/documentation.....
7. Flowchart/documentation

DELIVERY

1 2 3

1. Assist with:
 - A. Vaginal delivery

Name _____

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RECOVERY 1 2 3

- 1. Vital signs.....
- 2. PAR assessment and charting.....
- 3. Latching procedure
- 4. Andrette Score
- 5. Criteria for patient transfer.....

POSTPARTUM CARE

- 6. Care of patient with:
 - A. PP depression
 - B. Drug addiction.....
 - C. Asthma
 - D. Cardiac disease.....
 - E. Hemorrhage.....
 - F. Neurological disease
 - G. Tubal Ligation.....
- 7. Fundus check.....
- 8. Lochia.....
- 9. Bladder distention.....
- 10. Episiotomy.....
- 11. Post-op C-Section
- 12. DVT.....
- 13. Breast feeding
- 14. Fluid balance.....
- 15. Couplet care
- 16. Lactation support
- 17. Patient teaching.....
- 18. Discharge planning

IMMEDIATE CARE OF BABY

- 1. Apgar scores
- 2. Suctioning.....
- 3. Eye prophylaxis
- 4. Collect cord samples.....
- 5. Initial vital signs
- 6. Intervention for:.....
 - A. IDM
 - B. LGA, SGA, IUGR
- 7. Physical assessment:

 - A. Ballard
 - B. Dubowitz
 - C. Finnegan Scoring.....

NEWBORN CARE

- 1. Newborn nursery
- 2. Obtain specimens from UAC & UVC.....
- 3. Radiant warmers.....
- 4. Apnea monitoring.....
- 5. Phototherapy.....
- 6. Neonatal resuscitation
- 7. Infant identification.....
- 8. Assist with meconium staining
- 9. Perform bath and teach
- 10. Cord and circumcision care
- 11. Heelstick Glucose determination
- 12. Code Pink.....

CERTIFICATIONS

Yes No

- Are you CPR certified?
- Are you NRP certified?
- Fetal monitoring basic?
- Fetal monitoring advanced?
- Number of years experience in:
 - L&D
 - PP
 - Nursery
 - Recovery
 - High risk delivery

Are you willing to assist with elective abortions? Y / N

The information I have given is true and accurate to the best of my knowledge.

Signature

Date

Name (Please Print)