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Psychiatry Skills Checklist

Highly Skilled = can function well independently, strong experience Proficient = experienced, may need occaisional review/assistance Limited Skill = limited to no experience

Highly

Skilled

Proficient

Limited

Skill

CARE OF PATIENT WITH

Suicidal Ideations

Assaultive Behavior

Alcoholism

DTs

Drug Dependency

Manic Depression

Seizure Disorders

Hallucinations

Feeding Tubes

Delusions

Psychosis

Eating Disorders

GENERAL

Experience with

child psych units

adolescent psych units

adult psych units

locked units

open units

Admission of Psychiatric Patient

Initial Nursing Assessment & Care Plan

Participate in Milieu Therapy

Conduct Individual Psychotherapy

Conduct Group Psychotherapy

Experience as Charge Nurse

Therapeutic Communication Skills

Initiating Behavior Modification

Behavioristic Charting

Electroconvulsive Therapy

Quiet Room / Timeout Room Care

Neurological Vital Signs

Oxegyn Administration

Cardiopulmonary Resuscitation

Assist with Lumbar Puncture

Experience with

wrist restraints

leather restraints

Performing Take Down Procedure

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REGISTERED PROFESSIONAL NURSE JOB DESCRIPTION PEDIATRIC PSYCHIATRIC/MENTAL HEALTH

Job Summary:

The Pediatric Psychiatric/Mental Health RN is responsible for managing the care of toddler, preschool,

school age or adolescent patient experiencing psychiatric/mental health disorders including substance

abuse or addiction. Care management for these patients would require psychosocial, physical and

behavioral assessments related to specific conditions, and behavioral therapies and interventions. The

Pediatric Psychiatric/Mental Health RN is responsible to the Clinical Manager for assigned Pediatric

Psychiatric/Mental Health Unit.

Qualifications

- · Graduate of an accredited school of nursing
- Current licensure in good standing in the state of practice
- Evidence of 1 year of pediatric psychiatric/mental health nursing experience within the past two years
- Evidence of BLS credential mandatory
- Additionally, the RN may have professional certifications, including but not limited to RNBC-PMH.

RNC-PMH or CARN

Responsibilities

 Conducts an individualized patient assessment, prioritizing the data collection based on the toddler.

preschool, school age or adolescent patient's immediate condition or needs within timeframe specified by client facility's policies, procedures or protocols.

 Conducts ongoing assessments as determined by the toddler, preschool, school-age or adolescent

patient's condition and/or the client facility's policies, procedures or protocols and reprioritizes care

accordingly.

- Develops plan of care that is individualized for the toddler, preschool, school age or adolescent patient reflecting collaboration with other members of the healthcare team.
- Performs appropriate interventions as ordered by physician in an accurate and timely manner.
- Performs therapeutic nursing interventions as established by individualized plan of care for the toddler, preschool, school age or adolescent patient and his/her family.
- Provides individualized patient/family education customized to the toddler, preschool, school age or

adolescent patient and his/her family.

 Documents patient assessment findings, behavioral/psychosocial responses to nursing intervention

and progress towards problem resolution.

- Initiates emergency resuscitative measures according to pediatric resuscitation protocols.
- Maintains confidentiality in matters related to patient, family and client facility staff.
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the toddler, preschool, school age or adolescent patient's and family's diversity, preserving their autonomy, dignity and rights.
- Reports patient condition to appropriate personnel during each shift.
- Maintains current competency in pediatric psychiatric/mental health nursing including the safe use of

restraints and seclusion.	
RN Signature:	Date:
Submit by Email Print Form	
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REGISTERED PROFESSIONAL NURSE JOB DESCRIPTION ADULT PSYCHIATRIC / MENTAL HEALTH

Job Summary:

The Adult Psychiatric/Mental Health RN is responsible for managing the care of adult or geriatric patients

experiencing psychiatric/mental health disorders including substance abuse or addiction. Care management for these patients would require psychosocial, physical and behavioral assessments related

to specific conditions, and behavioral therapies and interventions. The Adult Psychiatric/Mental Health

RN is responsible to the Clinical Manager for assigned Adult Psychiatric/Mental Health Unit.

Qualifications:

- · Graduate of an accredited school of nursing
- Current licensure in good standing in the state of practice
- Evidence of 1 year of adult psychiatric/mental health nursing experience within the past two years
- Evidence of BLS credential mandatory
- Additionally, the RN may have professional certifications, including but not limited to RNBC-PMH.

RNC-PMH or CARN

Responsibilities:

• Conducts an individualized patient assessment, prioritizing the data collection based on the adult or

geriatric patient's immediate condition or needs within timeframe specified by client facility's policies,

procedures or protocols.

 Conducts ongoing assessments as determined by the adult or geriatric patient's condition and/or the

client facility's policies, procedures or protocols and reprioritizes care accordingly.

• Develops plan of care that is individualized for the adult or geriatric patient reflecting collaboration

with other members of the healthcare team.

- Performs appropriate interventions as ordered by physician in an accurate and timely manner.
- Performs therapeutic nursing interventions as established by individualized plan of care for the adult

or geriatric patient and his/her family.

- Provides individualized patient/family education customized to the adult or geriatric patient and his/her family.
- Documents patient assessment findings, behavioral/psychosocial responses to nursing intervention

and progress towards problem resolution.

- Initiates emergency resuscitative measures according to adult resuscitation protocols.
- Maintains confidentiality in matters related to patient, family and client facility staff.
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or geriatric

patient's and family's diversity, preserving their autonomy, dignity and rights.

- Reports patient condition to appropriate personnel during each shift.
- Maintains current competency in adult psychiatric/mental health care nursing including the safe use of

restraints and seclusion. RN Signature:	Date:
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PSYCHIATRIC NURSING: ADUL	
KNOWLEDGE & SKILLS CHECK	LIST
First Name MI Last Name	

Date

Instructions: Please check the appropriate column that best describes your experience level for each

knowledge competency and skill. Choose 1 for Limited Experience through 4 for Very Experienced.

Evaluate yourself based on experiences within the last two years.

Self-Assessed Experience Rating Scale

Limited Experience 1 2 3 4 Very Experienced

1234

ASSESSMENT & CARE OF PATIENT W/ OR REQUIRING:

- 1. Affective Disorders
- 2. Alcohol Dependency
- 3. Bipolar Disorder
- 4. Delirium Tremens
- 5. Detoxification
- 6. Drug Dependency
- 7. Dual Diagnosis
- 8. Eating Disorder
- 9. Electroconvulsive Therapy
- 10. Extrapyramidal Syndrome
- 11. Hallucinations
- 12. Medical-Psychiatric Disorder
- 13. Necroleptic Malignant Syndrome
- 14. Obsessive-Compulsive Disorder
- 15. Organic Disorder
- 16. Seizure Disorder
- 17. Schizoaffective Disorder
- 18. Schizophrenia
- 19. Suicidal Behavior
- 20. Tardive Dyskinesia

SKILLS

- 1. Admission Process
- 2. Assaultive Behavior Management
- 3. Behavior Modification Techniques
- 4. Charge Nurse Routine
- 5. Charting
- a) Behavioristic
- b) Treatment/goal-oriented
- 6. Contraband Search
- 7. Electroconvulsive Therapy (assist)
- 8. Elopement Precautions
- 9. Foley Catheter Insertion & Care
- a) Female
- b) Male

1234

- 10. Intravenous Therapy
- a) Angiocath insertion

- b) Butterfly insertion
- c) IV site maintenance
- d) Heparin lock maintenance
- e) Hyperalimentation infusion
- f) Blood & blood products infusion
- g) Venous blood draw
- 11. Isolation Procedures
- 12. Locked Unit Routine
- 13. Lumbar Puncture (assist)
- 14. Milieu Therapy
- 15. Multidisciplinary Team Rx Planning
- 16. Neurological Assessment
- 17. Nursing Assessment Care Planning
- 18. Open Unit Routine
- 19. Oro-Naso-Pharyngeal Suctioning
- 20. Oxygen Therapy Administration
- a) Face mask
- b) Nasal cannula
- c) Portable O₂ tank
- d) Bag & mask
- 21. Patient Teaching (Group)
- a) Anger management
- b) Cognitive behavioral therapy
- c) Depression education
- d) Dialectical behavioral therapy
- e) Discharge issues
- f) Family education
- g) Medication education
- h) Relapse prevention
- i) Relaxation techniques
- 22. Psychotherapy
- a) Group
- b) Individual

SSN

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Psychiatric Nursing- Adult and Pediatric

Knowledge and Skills Checklist

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- 23. Rapid Tranquilization
- 24. Restraints
- a) Wrist restraints
- b) Full restraints
- 25. Seclusion Procedures
- 26. Suicide Precautions
- 27. Time-out/Quiet Time Management
- 28. Tube Feedings
- 29. Vital Signs

1234

MEDICATIONS

- 1. Dosage, route & side effects of currently prescribed meds in the following drug categories
- a) Antianxiety agents
- b) Antidepressants
- c) Antipsychotics

- d) CNS stimulants
- e) Hypnotics
- f) Mood stabilizers

EQUIPMENT

1. Infusion Pumps

(Specify manufacturer)

- a)
- b)
- c)

Age Appropriate Nursing Care

Please check the appropriate box(es) for each age group and activity for which you have

experience within the last year.

Age Specific Experiences

Preschool Child

School Age

Child

Adolescent

(13-18 yrs)

Young Adult

(19-39 yrs)

Middle Adults

(40-64 yrs)

Older Adult

(65+ yrs)

- 1. Understands the normal growth and development
- for each age group and adapts care accordingly
- 2. Understands the different communication needs for each age group and changes communication methods and terminology accordingly
- 3. Understands the different safety risks for each age group and alters the environment accordingly
- 4. Understands the different medications, dosages and possible side effects for each age group and administers medications appropriately

The information I have provided in this knowledge and skills checklist is true and accurate to the best of

my knowledge.

Signature Date		